

EDITOR-IN-CHIEF Curtis L. Triplitt, PharmD, CDCES

Diabetes Spectrum is committed to assisting health care professionals in developing strategies to individualize treatment and enhance diabetes self-management education to optimize patient outcomes. It presents comprehensive, peer-reviewed original research and review articles on topics in diabetes prevention and medical management, care innovations, professional and patient education, medical nutrition therapy, behavioral science and counseling, pharmacy and therapeutics, and advocacy. The journal's From Research to Practice section provides in-depth explorations of selected diabetes care topics, with a primary focus on translating current research findings into practical clinical applications.

Diabetes Spectrum (Print ISSN 1040-9165; Online ISSN 1944-7353) is published every February, May, August, and November by the American Diabetes Association, Inc., 2451 Crystal Drive, Suite 900, Arlington, VA 22202. ©American Diabetes Association®, Inc., 2024. All rights reserved under the International and Pan-American Copyright Convention. This publication may not be reproduced in whole or in part without written permission of the American Diabetes Association®, Inc.

Periodical postage paid at Arlington, VA, and additional mailing offices. For subscription information, call toll-free (800) 232-3472, 8:30 a.m. to 5:00 p.m. EST, Monday through Friday. Outside the U.S., call (703) 549-1500, ext. 2343.

Claims for missing issues must be made within 6 months of publication. The publisher expects to supply missing issues free of charge only when losses have been sustained in transit and when the reserve stock permits.

POSTMASTER: Send all UAA to CFS (see DMM 507.1.5.2). NON-POSTAL AND MILITARY FACILITIES: Send address corrections to American Diabetes Association, Membership & Publication Operations, PO Box 37433, Boone, IA 50037-0433.

Opinions expressed in signed articles are those of the authors and are not necessarily endorsed by the American Diabetes Association.

Printed in the USA.

ASSOCIATE EDITORS

Andrea V. Dunn, RD, LD, CDCES
Joshua Neumiller, PharmD, CDCES
Susana R. Patton, PhD, CDCES
Jane Jeffrie Seley, DNP, MSN, MPH, GNP, RN, BC-ADM, CDCES, CDTC, FADCES, FAAN
Katia Portero Sloan, PhD, RDN
Carolina Solis-Herrera, MD
Jennifer M. Trujillo, PharmD, FCCP, BCPS, CDCES, BC-ADM

EDITORIAL BOARD

Derick Adams, DO
Sue-Ellen Anderson-Haynes, MS, RDN, CDCES, LDN, NASM-CPT
Patricia Davidson, DCN, RDN, LDN, FAND, FADCES
Jenny Dejesus, DPN
Joseph R. Herges, PharmD, BCPS
Jeniece Ilkowitz, RN, MA, CDCES
Anyanate Gwendolyne Jack, MD, MPH
Megan Jardine, MS, MBA, RDN, LD, CDCES
Michelle L. Litchman, PhD, FNP-BC, FAANP, FADCES, FAANP
Ryan J. McDonough, DO, FAAP
Jessica M. Odom, PharmD, BCPS, BC-ADM
Katharine O'Neal, PharmD, MBA, BCACP, CDCES, BC-ADM, AE-C, CLS, FADCES
Jessica S. Pierce, PhD
Elizabeth Quintana, EdD, RD, LC, CDCES
Gretchen M. Ray, PharmD, PhC, BCACP, CDCES
Sara (Mandy) Reece, PharmD
Alissa R. Segal, PharmD, CDCES, CDTC
Alyce M. Thomas, RDN, FAND

ADVERTISING REPRESENTATIVES

Pharmaceutical & Consumer Advertising
Tina Auletta
Senior Account Manager
tauletta@diabetes.org

Pharmaceutical & Device Digital Advertising
eHealthcare Solutions
R.J. Lewis
President & CEO
rlewis@ehsmail.com
(609) 882-8887, ext. 101

AMERICAN DIABETES ASSOCIATION STAFF

Vice President & Publisher,
Professional Publications
Christian S. Kohler
Managing Director, Professional Publications
Heather Norton Blackburn
Associate Director, Professional Publications
Keang Hok
Digital Production Manager
Amy Moran
Manager, Editorial & Production
Meaghan Foley
Managing Editor
Debbie Kendall
Director, Peer Review
Shannon C. Potts
Peer Review Manager
Joan Garrett
Proofreader
Wendy Martin-Shuma
Director, Membership/Subscription Services
Donald Crowl
Senior Advertising Manager
Julie DeVoss Graff
Senior Manager, Billing & Collections
Josh Flores

AMERICAN DIABETES ASSOCIATION OFFICERS

Chair of the Board
Rhodes B. Ritenour, JD
President, Medicine & Science
Mandeep Bajaj, MBBS
President, Health Care & Education
Patti Urbanski, MEd, RD, LD, CDCES
Secretary/Treasurer
James Tai
Chair of the Board-Elect
Todd F. Brown, PMP
President-Elect, Medicine & Science
Rita Rastogi Kalyani, MD, MHS
President-Elect, Health Care & Education
Joshua J. Neumiller, PharmD, CDCES, FADCES, FASCP
Secretary/Treasurer-Elect
Robin Richardson
Chief Executive Officer
Charles D. Henderson
Chief Scientific & Medical Officer
Robert A. Gabbay, MD, PhD

 Audit Bureau
of Circulations