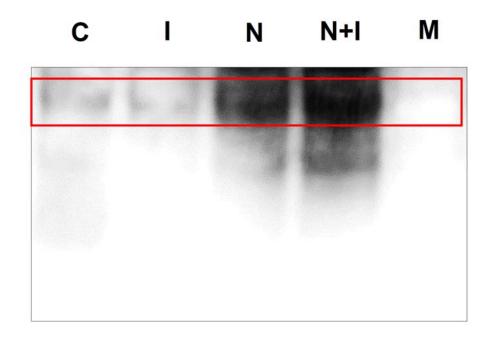
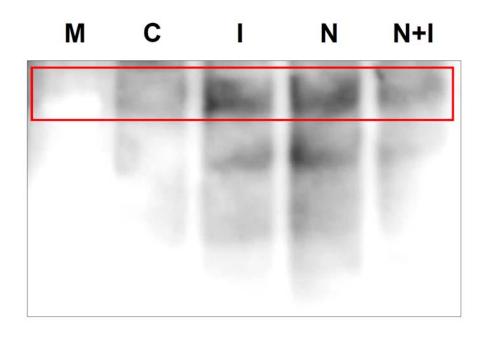
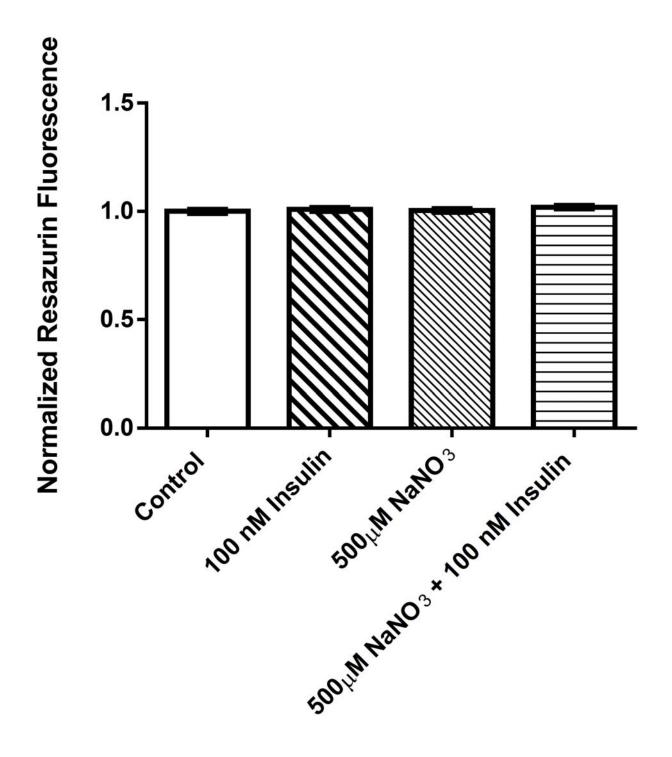
**Supplementary Figure 1.** Immunoprecipitation blots of cell surface biotinylated Glut4 from primary mouse adipocytes treated with 500  $\mu$ M nitrate with and without 100 nM insulin showing 50 kDa molecular weight marker. C = control, I = 100 nM insulin, N = 500  $\mu$ M nitrate, N+I = 500  $\mu$ M nitrate + 100 nM insulin, M = 50 kDa molecular weight marker.

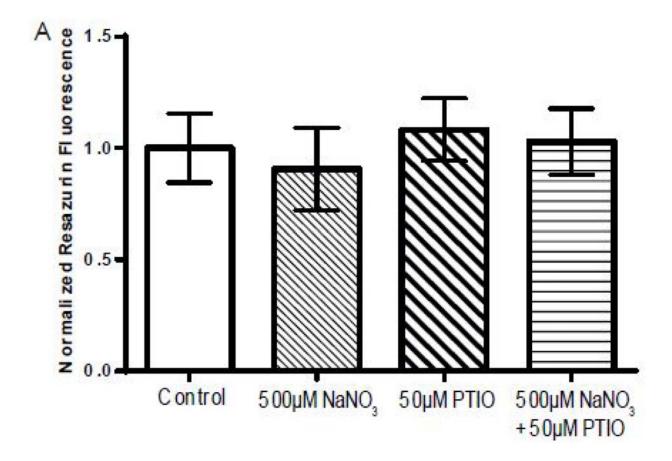




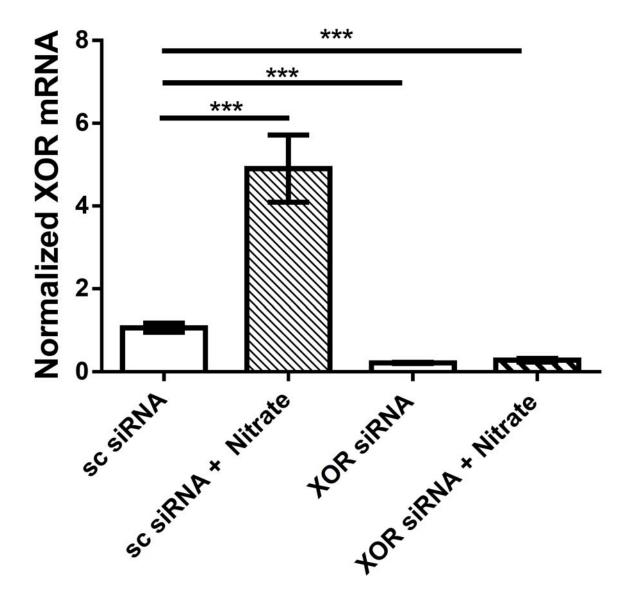
**Supplementary Figure 2.** Resazurin cell viability assay in primary adipocytes treated with 500  $\mu M$  nitrate, 100 nM insulin, or 500  $\mu M$  nitrate and 100 nM insulin (n  $\geq$  22). Data is displayed as Mean  $\pm$  SEM.



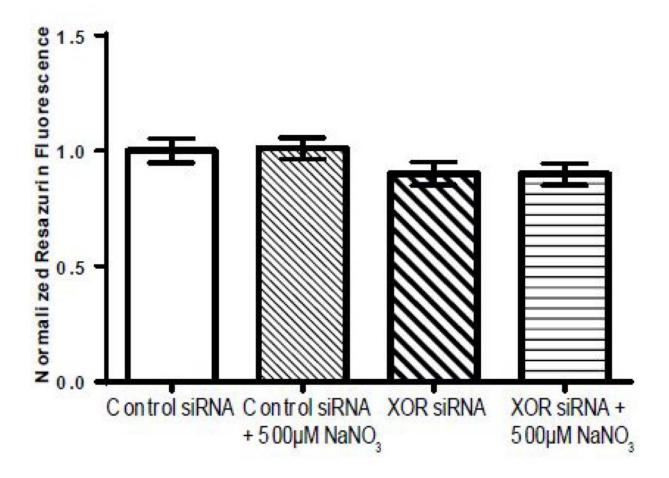
**Supplementary Figure 3.** Resazurin cell viability assay in primary adipocytes treated with 500  $\mu$ M nitrate, 50  $\mu$ M PTIO, or 500  $\mu$ M nitrate and 50  $\mu$ M PTIO (n = 8). Data is displayed as Mean  $\pm$  SEM.



Supplementary Figure 4. Xanthine Oxidoreductase (XOR) expression in primary adipocytes treated with scrambled control siRNA or siRNA against XOR with and without 500  $\mu$ M nitrate (n = 3). Data is displayed as Mean  $\pm$  SEM. \*\*\*,  $P \le 0.001$ .



**Supplementary Figure 5.** Resazurin cell viability assay in primary adipocytes treated with negative control siRNA or siRNA against XOR with and without 500  $\mu$ M NaNO<sub>3</sub> (n = 6). Data is displayed as Mean  $\pm$  SEM.



**Supplementary Table 1.** Table of morphological parameters of rats treated with 0.7 mM NaCl or 0.7 mM NaNO<sub>3</sub> in drinking water for 18 days. Table detailing start and final weights, food and water intakes, daily nitrate intake, and plasma insulin concentration. Data were analysed by Student's t-test and are Mean  $\pm$  SEM. \*\*\* P  $\leq$  0.0001.

	0.7 mM NaCl (n = 6)	0.7 mM NaNO <sub>3</sub> (n = 6)
Start weight (g)	265 ± 5	$270 \pm 4$
End weight (g)	$406 \pm 8$	$415 \pm 9$
Food intake (g/day)	30 ± 1	30 ± 1
Water intake (mL/day)	$30 \pm 3$	$36 \pm 3$
Nitrate intake (mg/kg/day)	1 ± 1	8 ± 2 ***
Plasma Insulin (μg / L)	$1.18 \pm 0.2$	$1.16 \pm 0.3$