

# Clinical DIABETES®

PRACTICAL INFORMATION  
FOR PRIMARY CARE

WINTER 2021 | VOLUME 39 | NUMBER 1

## DIABETES IS PRIMARY

- 6 Timely News and Notes for Primary Care Providers, *Max Bingham*

## EDITORIAL

- 13 Telemedicine: The 2020 House Call  
*Stephen A. Brunton*

## STANDARDS OF CARE

- 14 *Standards of Medical Care in Diabetes—2021*  
Abridged for Primary Care Providers  
*American Diabetes Association*

## EDITOR'S NOTE

- 44 A Sincere Thank You to the Reviewers of  
*Clinical Diabetes*

## FEATURE ARTICLES

- 45 Practical Strategies to Help Reduce Added Sugars Consumption to Support Glycemic and Weight Management Goals  
*Hope Warshaw and Steven V. Edelman*
- 57 Improving Diabetes Control Using Lean Six Sigma Quality Improvement in an Endocrine Clinic in a Large Accountable Care Organization  
*Usha Kollipara, Mario Rivera-Bernuy, Joseph Putra, Jessica Burks, Amber Meyer, Shayla Ferguson, Carolyn Nelson, Jackie Mutz, Sasan Mirfakhraee, Puneet Bajaj, Asra Kermani, Jason S. Fish, and Sadia Ali*
- 64 Flash Continuous Glucose Monitoring: A Summary Review of Recent Real-World Evidence, *Clifford J. Bailey and James R. Gavin III*



## CONNECT WITH US

[facebook.com/adajournals](https://facebook.com/adajournals)

[twitter.com/ada\\_journals](https://twitter.com/ada_journals)

On the cover: Flashlight by *erhui1979* / Getty Images.

- 72 Improved Glycemic Control Following Transition to Tubeless Insulin Pump Therapy in Adults With Type 1 Diabetes  
*Sanjeev N. Mehta, Liane J. Tinsley, Davida Kruger, Bruce Bode, Jennifer E. Layne, Lauren M. Huyett, Kate Dryga, Bonnie Dumais, Trang T. Ly, and Lori M. Laffel*

- 80 “Counting Carbs to Be in Charge”: A Comparison of an Internet-Based Education Module With In-Class Education in Adolescents With Type 1 Diabetes, *Vanita Pais, Barkha P. Patel, Sholeh Ghayoori, and Jill K. Hamilton*

## PERSPECTIVES IN CLINICAL DIABETES

- 88 Primary Care Diabetes Fellowship Programs: Developing National Standards  
*Jay H. Shubrook, Beatriz Francesca Ramirez, Amber M. Healy, Lenard Salzberg, Sumera Ahmed, Howard Feinberg, Mark Schutta, Frank L. Schwartz, and Cecilia C. Low Wang*

## QUALITY IMPROVEMENT SUCCESS STORY

- 97 Screening for Mental Health Comorbidities in a Pediatric Diabetes Clinic Setting  
*Alissa J. Roberts, Dwight Barry, Joyce Yi-Frazier, Lori Rutman, Catherine Pihoker, and Faisal Saleem Malik*

## COMMENTARY

- 102 Reflection (With Some Coaching) on a Quality Improvement Initiative: Finding Our Collective Voice Along the Journey  
*Doron Schneider*

## PRACTICAL POINTERS

- 105 Optimizing Management of Type 2 Diabetes and Its Complications in Patients With Heart Failure  
*Christie A. Schumacher, Elizabeth K. Van Dril, Kayce M. Shealy, and Jennifer D. Goldman*

## CASE STUDIES

- 117** Syndromic Conundrums in Diabetes: Seek and Ye Shall Find: The Dorfman-Chanarin Syndrome  
*Stephen Charles Bronson, Alagianambi Shanmugam, and Chelliah Mythili*
- 121** Euglycemic Diabetic Ketoacidosis in a Patient Prescribed Empagliflozin and a Ketogenic Diet: A Case of Misdiagnosed Type 1 Diabetes  
*Andrew L. Hendrickson, Xiao Q. Ye, Saminder S. Kalra, Andrew J. Franck, and Daniel Urbine*

- 124** Isolation and Education During a Pandemic: Novel Telehealth Approach to Family Education for a Child With New-Onset Type 1 Diabetes and Concomitant COVID-19  
*Reem S. Shavar, Anna L. Cymbaluk, Jennifer J. Bell, Tracy Patel, Christina W. Treybig, Tara R. Poland, Daniel J. DeSalvo, Rona Y. Sonabend, Sarah K. Lyons, and Yuezhen Lin*

## PATIENT INFORMATION

- 128** ADA's Standards of Medical Care in Diabetes