# Clinical DIABETES.

# PRACTICAL INFORMATION FOR PRIMARY CARE

FALL 2020 | VOLUME 38 | NUMBER 4

#### **EDITORIAL**

**323** Black Diabetic Lives Matter Stephen A. Brunton

#### **CLINICAL DIABETES DIGITAL PUBLICATION**

**324** Effective Initiation and Treatment With Basal Insulin in People With Type 2 Diabetes: Focus on Mitigating Hypoglycemia in Patients at Increased Risk: Executive Summary John Anderson, Scott Urquhart, Geralyn Spollett, and Paresh Dandona

#### **FEATURE ARTICLES**

- **328** Prediabetes Deserves More Attention: A Review Yakubu Lawal, Fatima Bello, and Yazid Suleiman Kaoje
- 339 How Effective Is the Fixed-Ratio Combination of Insulin Degludec and Liraglutide (IDegLira) in Different Patient Populations, and When Should It Be Used in Clinical Practice? Joseph Tibaldi, Max E. Mercado, and Jodi Strong
- 348 The Changing Landscape of Glycemic Targets: Focus on Continuous Glucose Monitoring Pamela R. Kushner and Davida F. Kruger
- 357 Impact of Participation in a Virtual Diabetes Clinic on Diabetes-Related Distress in Individuals With Type 2 Diabetes, William H. Polonsky, Jennifer E. Layne, Christopher G. Parkin, Coco M. Kusiak, Nathan A. Barleen, David P. Miller, Howard Zisser, and Ronald F. Dixon
- 363 Race Disparities in the Use of Prevention, Screening, and Monitoring Services in Michigan Medicare Beneficiaries With Type 2 Diabetes and Combinations of Multiple Chronic Conditions John Michael Clements, Brady Thomas West, Batoul Harissa, Nolan Hayden, Mishaal Mustafa Khan, and Raghuram Palepu



# **CONNECT WITH US**

# facebook.com/adajournals twitter.com/ada\_journals

**On the cover:** Photo by J.M. Giordano/SOPA Images/LightRocket via Getty Images.

WASHINGTON, UNITED STATES: Health-care workers hold placards as they take part during the demonstration. Several protests have been spurred by the recent killing of George Floyd, a black man who died in police custody in Minneapolis, U.S.A.

#### PERSPECTIVES IN CLINICAL DIABETES

371 Addressing Therapeutic Inertia in 2020 and Beyond: A 3-Year Initiative of the American Diabetes Association Robert A. Gabbay, Debbie Kendall, Christine Beebe, John Cuddeback, Todd Hobbs, Naeem D. Khan, Sandra Leal, Eden Miller, Lucia M. Novak, Swapnil N. Rajpathak, Paul Scribner, Luigi Meneghini, and Kamlesh Khunti

#### **QUALITY IMPROVEMENT SUCCESS STORIES**

- 382 Design and Implementation of an Electronic Tool to Measure Medication Adherence at the Point of Care Kristin Alvarez, Clay Townsend, Jacqueline Nicole McNulty, Matthew Kubik, Uma Gunasekaran, Farhan Ahmed, Kellie Rodriguez, Brett Moran, Jon McManus, and Luigi F. Meneghini
- **386** Strategies to Improve Annual Diabetic Foot Screening Compliance at a Family Clinic, *Carlie Cooksey*

# PRACTICAL POINTERS

**390** Switching Between Glucagon-Like Peptide-1 Receptor Agonists: Rationale and Practical Guidance Jaime P. Almandoz, Ildiko Lingvay, Javier Morales, and Carlos Campos

# PATIENT INFORMATION

**403** Race and Type 2 Diabetes

# **CLINICAL PHARMACOLOGY UPDATE**

**405** Bempedoic Acid: A Novel LDL Cholesterol–Lowering Agent, *Kylee Shriver* 

### **CASE STUDIES**

- 408 Diabetic Ketoacidosis in a Type 2 Diabetes Patient After Initiation of Over-the-Counter Weight Loss Medications: A Cautionary Tale Kamilya A. Schumacher and Aidar R. Gosmanov
- **412** Incorporation of the Ketogenic Diet in a Youth With Type 1 Diabetes, Fran R. Cogen