

Clinical DIABETES®

PRACTICAL INFORMATION
FOR PRIMARY CARE

SPECIAL 2017 | VOLUME 35 | NUMBER 5



CONNECT WITH US

facebook.com/adajournals

twitter.com/ada_journals

On the cover: "We Are Your Medical Team" ©2017
Robert Neubecker c/o theisport.

FEATURE ARTICLES

- 281** Patient-Centered Care, Diabetes Empowerment, and Type 2 Diabetes Medication Adherence Among American Indian Patients
Nathan L. Ratner, Emily B. Davis, Laura L. Lhotka, Stephanie M. Wille, and Melissa L. Walls
- 286** Frequency of Diet and Physical Activity Goal Attainment and Barriers Encountered Among Adults With Type 2 Diabetes During a Telephone Coaching Intervention
Christine M. Swoboda, Carla K. Miller, and Celia E. Wills
- 294** Randomized Trial of the Effect of Mindfulness-Based Stress Reduction on Pain-Related Disability, Pain Intensity, Health-Related Quality of Life, and A1C in Patients With Painful Diabetic Peripheral Neuropathy
Howard J. Nathan, Patricia Poulin, Denise Wozny, Monica Taljaard, Cathy Smyth, Ian Gilron, Alexander Sorisky, Heather Lochnan, and Yaad Shergill
- 305** Improving Diabetes Self-Management Support: Goal-Setting Across the Continuum of Care
Gwen E. Klinkner, Kara M. Yaeger, Maria T. Brenny-Fitzpatrick, and Allison A. Vorderstrasse
- 313** Clinical Application of Patient-Centered Diabetes Care for People With Serious Mental Illness
Jay A. Hamm, Kelly D. Buck, and Jasmine D. Gonzalvo
- 321** Personalizing Type 2 Diabetes Management: Use of a Patient-Centered Approach to Individualizing A1C Goals and Pharmacological Regimens
Sharon W. Lahiri

DEPARTMENTS

- 272** *Diabetes Is Primary*
Timely News and Notes for Primary Care Providers
Max Bingham
- 278** *Editorial*
I Thought I Knew About Diabetes
Stephen Brunton, Editor-in-Chief
- 329** *Commentaries*
Diabetes Cannot Be Controlled, But It Can Be Managed
Jana L. Wardian

Fifty Years of Living With Type 1 Diabetes

Nora Williams

Taking Control Of Your Diabetes: An Innovative Approach to Improving Diabetes Care Through Educating, Motivating, and Making the Connection Between Patients and Health Care Providers

Steven V. Edelman

Fried Chicken, an Airport Ride, and Why Diabetes Is So Hard

Adam S. Brown

345 *Bridges to Excellence*

Specialty Group Medical Visits for Patients With Diabetes

Valerie S. Ganetsky, Jeffrey C. Brenner, and Steven T. Kaufman

350 *Quality Improvement Success Stories*

Diabetes Group Visits at the University of South Florida Morsani College of Medicine

Asa Oxner Myers, Crystal Jacovino, Jerry Brown, Rachel Franks, Darlene Baysa, Jonathan Marks, John-Paul Suastegui, Olivia Pane, Rachelle Idziak, and Lucy Guerra

353 *Patient Education*

Good to Kow: Getting the Most Out of Health Care Visits

356 *Book Reviews*

Bright Spots & Landmines: The Diabetes Guide I Wish Someone Had Handed Me

Reviewed by Gloria Yee

The Diabetes 2-Month Turnaround

Reviewed by Renza Scibilia

Opinions expressed in signed articles are those of the authors and are not necessarily endorsed by the American Diabetes Association.