

DUALITY OF INTEREST DISCLOSURE FORM FOR AUTHORS OF ARTICLES IN AMERICAN DIABETES ASSOCIATION PUBLICATIONS

I have read the American Diabetes Association's Duality of Interest Policy Statement (found in the January and July issues of *Diabetes* and *Diabetes Care*), and I am indicating below that I have or have not had in the previous 12 months a relevant duality of interest with a company whose products or services are *directly* related to the subject matter of my manuscript. A relevant duality of interest includes employment, membership on the board of directors or any fiduciary relationship, membership on a scientific advisory panel or other standing scientific/medical committee, ownership of stock, receipt of honoraria or consulting fees, or receipt of financial support or grants for research. Company is defined as a for-profit concern engaged in the development, manufacture, or sale of pharmaceutical or biomedical devices or supplies.

Each author must sign this form. (The form may be photocopied if needed.)

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Author (please type or print)	_____		_____		_____	
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For each item checked "yes," please list on a separate sheet of paper the third-party organization with whom you have relevant affiliations or interests. Please provide sufficient information to enable the American Diabetes Association to make an informed decision. Include 1) the nature of the activity that is a relevant duality, 2) the type of financial arrangement, if any, between you and the third party, and 3) a description of the business or purpose of the third party. Please see the following sample disclosures.

SAMPLE DISCLOSURES FOR AUTHORS

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I am employed by Exacta Pharmaceutical Company (6250 Longwood Avenue, Any City, Missouri). My employer manufactures and markets pharmaceuticals related to the treatment of diabetes and its complications.

Board Membership

I am on the board of directors of the Exacta Pharmaceutical Company, a manufacturer of pharmaceuticals related to the treatment of diabetes.

Stock Shareholder

I, or my immediate family, hold stock in the following companies that make products related to the treatment or management of diabetes and its complications:

XYZ Corporation
LMN Corporation

Honoraria or Consulting Fees

I have received honoraria for speaking engagements from the following:

XYZ Corporation
LMN Corporation

I am a paid consultant of the XYZ Corporation.

Grants

The XYZ Corporation is providing funds to my laboratory in order to conduct studies on a new drug to treat diabetic neuropathy.

By answering "yes" in any category, the Association will disclose the relevant duality of interest. The Association will make the disclosure by placing an asterisk by the author's name, and in a footnote describe the nature of the duality of interest, e.g., stock ownership or grant support, and the third party involved.

This form must be returned with your submission. Make additional copies as needed for all authors. Failure to complete the disclosure may delay or prevent publication of your article.

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Check These Exclusive Member Benefits

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Diabetes—the world's most-cited journal of diabetes research brings you the latest findings from the world's top scientists.

Diabetes Care—the premier journal of clinical diabetes research and treatment. *Diabetes Care* keeps you current with original research reports, news and commentaries, case studies and reviews.

Diabetes Reviews—the comprehensive review articles in ADA's newest journal are a convenient way for the busy clinician to keep up-to-date on what's truly new in research.

Diabetes Spectrum—translates research into practice for nurses, dietitians, and other health-care professionals involved in patient education and counseling.

Clinical Diabetes—for the primary-care provider as well as other diabetes specialists, this newsletter offers articles and abstracts highlighting recent advances in diabetes treatment.

Diabetes Forecast—ADA's magazine for patients and their families features advice on diet, exercise, and other lifestyle changes, plus the latest developments in new technology and research. It is a valuable tool for patient education.

✓ Professional Section Report

This quarterly newsletter highlights Professional Section events and other ADA news.

✓ FREE Council Membership

Professional Section Councils give you an opportunity to network with members from different specialties who share your interest in a specific area of diabetes research or care. One free Council membership is included with your membership. Additional Council memberships are available for \$25 each.

✓ Membership Directory Listing

Your link to a valuable network of more than *twelve thousand* diabetes experts. Locate your colleagues by specialty, location, and Professional Section Council membership.

✓ Eligibility for ADA Research Grants and Awards

An exclusive benefit. Only members of the Professional Section are eligible to receive ADA grants that support diabetes research. In addition, annual awards are presented to physicians, diabetes educators, and researchers to honor outstanding performance.

✓ Discounts on ADA Scientific and Medical Programs

Save on registration for ADA's Scientific Sessions, Postgraduate Course, and ADA-sponsored symposia. ADA meetings are accredited for CME credits.

✓ Local Affiliate Membership

Your Professional Section membership also entitles you to membership in your local ADA affiliate where you can participate in patient and professional education programs, network with other professionals, and actively participate in shaping the future of ADA.

✓ Free copy of Clinical Practice Recommendations

This extensive guide details the current ADA standards of clinical care. The Position Statements in *Clinical Practice Recommendations* are convenient and important resources for all health-care professionals who care for people with diabetes.

Be Part of the Team Coming Close to the Cure

Join the American Diabetes Association



1. Name: _____

Address: _____ City _____ State _____ Zip _____

Degrees: _____ / _____ Home Phone _____ Office _____ Fax _____

2. Primary Area of Focus: _____ Clinical Practice _____ Research _____ Education _____ Industry

3. Choose Your Membership Category

Category I: Please note, physicians must join this category

Category II:

Dues:

Domestic Members: \$125 Overseas Members: \$180

Domestic in Training Dues: \$65 Overseas in Training Dues: \$95

Journal Selection (choose one):

Diabetes (monthly): Basic research on the pathophysiology of diabetes

Diabetes Care (monthly): Clinical care and research

Dues:

Domestic Members: \$75 Overseas Members: \$115

Domestic in Training Dues: \$37 Overseas in Training Dues: \$45

Journals (includes journals listed below):

Diabetes Spectrum (quarterly): Education and counseling strategies

Diabetes Forecast (monthly): Lifestyle magazine for patients and their families

**If you received your first professional degree, diploma, or certificate in the last five years, you qualify for 50% savings offered with In-Training Membership. Just fill out information below.*

University or college attended: _____ Degree(s) _____ Date Earned: _____

4. Order Additional Publications at "Members-only" Rates: Domestic/International Rates (only single subscriptions available for each of the following journals)

- | | | |
|--|--|---|
| <input type="checkbox"/> Diabetes Care (monthly) ^{Dom/Int'l} \$75/\$130 | <input type="checkbox"/> Diabetes Reviews (quarterly) ^{Dom/Int'l} \$45/\$65 | <input type="checkbox"/> Diabetes Spectrum (quarterly) ^{Dom/Int'l} \$30/\$45 |
| <input type="checkbox"/> Diabetes (monthly) \$75/\$130 | <input type="checkbox"/> Clinical Diabetes (bi-monthly) \$15/\$21 | <input type="checkbox"/> Diabetes Forecast (monthly) \$12/\$37 |

5. Select One FREE Council Membership:

Extra Council Memberships are \$25 each.

- | | |
|---|-------------|
| <input type="checkbox"/> Behavioral Medicine and Psychology | (PP) |
| <input type="checkbox"/> Diabetes in Pregnancy | (BB) |
| <input type="checkbox"/> Complications | (TT) |
| <input type="checkbox"/> Education | (SS) |
| <input type="checkbox"/> Exercise | (XX) |
| <input type="checkbox"/> Foot Care | (RR) |
| <input type="checkbox"/> Molecular, Cellular and Biochemical Aspects of Diabetes | (MM) |
| <input type="checkbox"/> Clinical Endocrinology, Health Care Delivery and Public Health | (FF) |
| <input type="checkbox"/> Diabetes in Youth | (EE) |
| <input type="checkbox"/> Epidemiology and Statistics | (CC) |
| <input type="checkbox"/> Immunology, Immunogenetics and Transplantation | (JJ) |
| <input type="checkbox"/> Nutritional Sciences and Metabolism | (NN) |

7. Circle one Primary (P) and one Secondary (S) Specialty

- | | | |
|----------------------------|------------------------|--------------------------------|
| P S AD Administration | P S IU Immunology | P S PH Public Health |
| P S BC Biochemistry | P S ME Metabolism | P S PM Pharmacy |
| P S CA Cardiology | P S NE Nephrology | P S PN Pediatric Endocrinology |
| P S DE Dermatology | P S NR Neurology | P S PO Podiatry |
| P S DO Dentistry | P S NS Nursing | P S PR Pedorthic Management |
| P S ED Education | P S NU Nutrition | P S PS Psychiatry |
| P S EN Adult Endocrinology | P S OG Obstetrics/Gyn. | P S PT Pathology |
| P S EP Epidemiology | P S OP Ophthalmology | P S PX Physical Therapy |
| P S EX Exercise Physiology | P S OR Orthopedics | P S PY Physiology |
| P S FP Family Practice | P S OS Osteopathy | P S SU Surgery |
| P S GE Geriatrics | P S OT Optometry | P S SW Social Work |
| P S GP General Practice | P S PA Pharmacology | P S UR Urology |
| P S GT Genetics | P S PC Psychology | |
| P S IM Internal Medicine | P S PE Pediatrics | |

6. Mark Your Primary Work Setting:

- University/Academic (1)
- Private/Group Practice (2)
- Hospital (3)
- HMO (4)
- Public Health (5)
- Government (7)
- Pharmacy (8)
- Pharmaceutical/Manufacturing (9)
- Nursing Home (10)
- Home Health (11)

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Signature: _____

Dues amount set aside for publications are:

- Category I (Diabetes or Diabetes Care): \$75
- Category II (Diabetes Spectrum): \$30 (Diabetes Forecast): \$12

JCAD897

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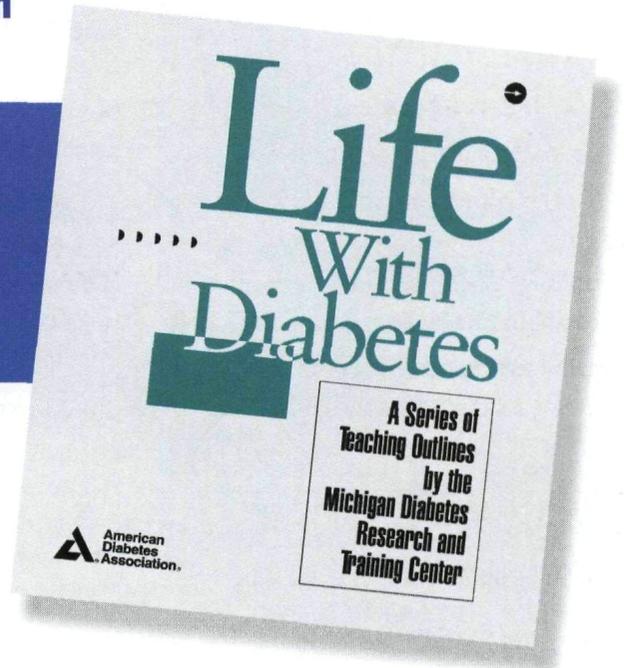
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Includes the content areas for meeting the standards of ADA Education Program Recognition

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Contents

Introduction

Core Outlines

1. What is Diabetes?
2. Learning to Live with Diabetes
3. Basics of Eating: When and How Much
4. Food and Blood Glucose
5. Planning Meals
6. Stocking the Cupboard
7. Physical Activity and Exercise
8. Oral Antidiabetes Medications
9. Insulin
10. Monitoring Your Diabetes
11. Regulating Blood Glucose
12. Stress and Coping
13. Personal Health Habits
14. Long-Term Complications
15. Changing Behavior
16. Putting the Pieces Together

Supplementary Outlines

17. Food and Weight
18. Eating for a Healthy Heart: Fat, Fiber, and Sodium
19. Carbohydrate Counting
20. Diabetes Exchange Lists
21. Using Exchanges to Plan Meals
22. Calculating Exchange Values
23. Sexual Health and Diabetes
24. Pregnancy and Diabetes
25. Insulin Pump Therapy
26. Intensive Insulin Therapy

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Carbohydrate Counting is Here!

What is Carbohydrate Counting and Why Teach It?

Carbohydrate Counting is a new diabetes meal planning approach found to be effective during the Diabetes Control and Complications Trial (DCCT). Studies have proven that carbohydrate (CHO) intake is the main factor affecting blood glucose, and that although they vary in nutritive value, all carbohydrates have nearly equal impact on blood sugar. Therefore, emphasis is placed on the total amount of CHO consumed, rather than the type.

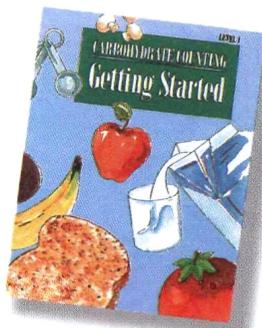
Carbohydrate Counting gives patients more food choices and greater meal planning flexibility. And because it offers a more precise matching of food, activity, and medication, it can lead to improved blood glucose control.

Three Levels Let You Individualize Teaching

Copublished by the American Diabetes Association and The American Dietetic Association, these Carbohydrate Counting booklets are available at three levels of complexity (see below) to help you meet the varied needs of your patients. Each package includes 10 booklets and accompanying professional information.

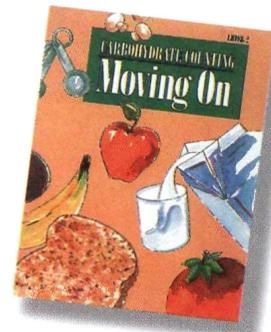
Getting Started (Level 1):

Introduces the concepts of carbohydrate counting. Patients will learn which foods contain carbohydrates and how to consume consistent amounts on a daily basis. Intended for all diabetes patients (IDDM, NIDDM, or GDM). #CCCL1
 Nonmember: \$18.00; Member: \$15.00



Moving On (Level 2):

Patients learn to identify and interpret patterns in their blood glucose levels based on their food intake, medication, and physical activity (known as pattern management). Intended for any patient who has mastered the basics of carbohydrate counting. #CCCL2
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Using Carbohydrate/Insulin Ratios (Level 3):

Building on the skills taught in levels 1 and 2, it teaches patients to adjust insulin for changes in food or physical activity using a ratio of carbohydrate intake to insulin dosage. Intended for patients on intensive insulin management



Sample Pack

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(multiple daily injections or insulin pump) who have mastered insulin adjustment and supplementation. #CCCL3
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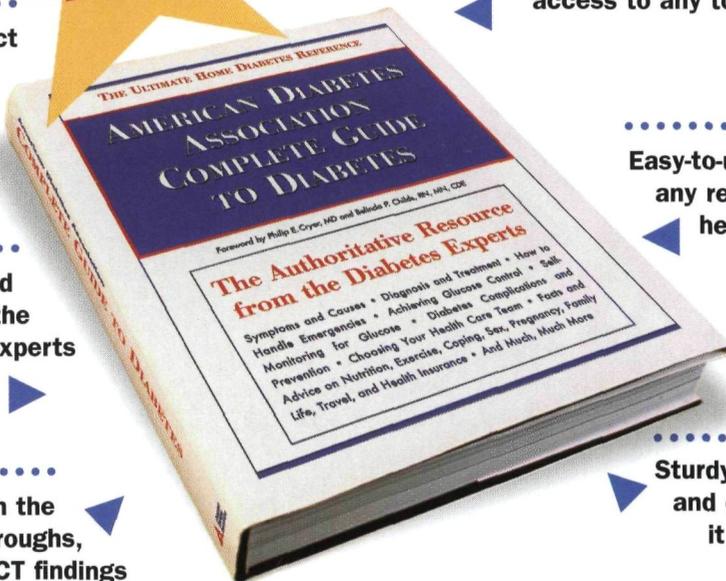


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- ▶ Assure yourself a successful pregnancy
- ▶ Handle emergencies
- ▶ Maintain enjoyable sex
- ▶ Plan vacations and business travel
- ▶ Choose a health care team
- ▶ Cope with depression
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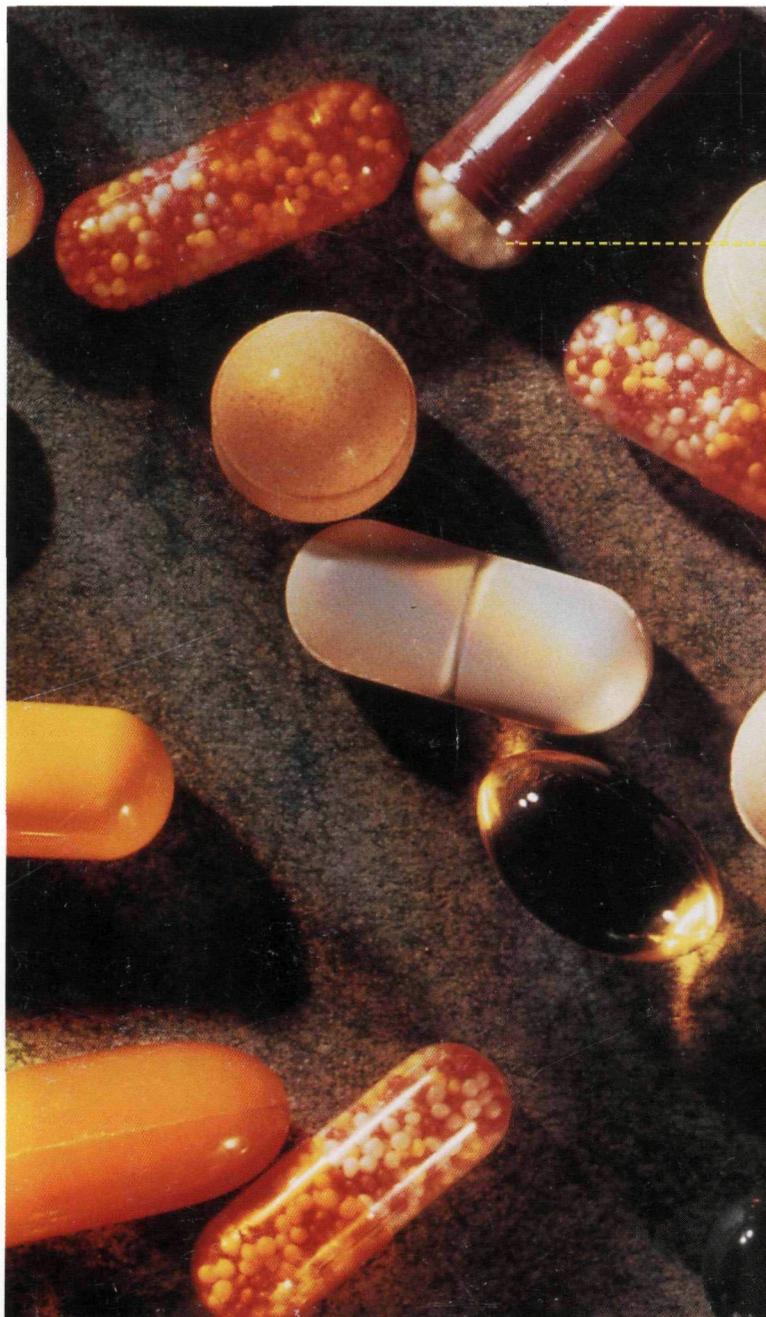
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