

# Diabetes

# Care

ABSTRACT FORM FOR 55TH SCIENTIFIC  
SESSIONS INCLUDED; SUBMISSION  
DEADLINE: JANUARY 6, 1995

OCTOBER 1994

## Original Articles

- 1093** Effect of metformin on postprandial lipemia in patients with fairly to poorly controlled NIDDM J. Jeppesen, M.-Y. Zhou, Y.-D.I. Chen, G.M. Reaven
- 1100** Therapeutic comparison of metformin and sulfonylurea, alone and in various combinations: A double-blind controlled study L.S. Hermann, B. Scherstén, P.-O. Bitzén, T. Kjellström, F. Lindgärde, A. Melander
- 1110** The effect of recurrent practice at home on the acceptability of capillary blood glucose readings: Accuracy of self blood glucose testing U.M. Kabadi, K.M. O'Connell, J. Johnson, M. Kabadi
- 1115** Combined analysis of islet cell antibodies that cross-react with mouse pancreas, antibodies to the M<sub>r</sub> 64,000 islet protein, and antibodies to glutamate decarboxylase in Type I diabetic patients L. Chaillous, M. Delamaire, L. Martignat, D. Maugendre, M. Marre, E. Mathieu, J.M. Limal, B. Charbonnel, H. Allanic, P. Sai
- 1124** Community diabetes care: A 10-year perspective R.G. Hiss, R.M. Anderson, G.E. Hess, C.J. Stepien, W.K. Davis
- 1135** The relationship between serum lipoprotein(a) and insulinemia in healthy nondiabetic adult men P.B. Duell, F. Hagemenas, W.E. Connor
- 1141** Improved visual evoked potential latencies in poorly controlled diabetic patients after short-term strict metabolic control O. Ziegler, B. Guerci, M. Algan, P. Lonchamp, M. Weber, P. Drouin
- 1148** Glycemic control in a sample of black and white clinic patients with NIDDM L.J. Weatherspoon, S.K. Kumanyika, R. Ludlow, D. Schatz
- 1154** Perinatal determinants among children who later develop IDDM T. Bock, C.R. Pedersen, A. Vølund, C.S. Palleesen, K. Buschard
- 1158** Frequency and determinants of screening for diabetes in the U.S. C.C. Cowie, M.I. Harris, M.S. Eberhardt
- 1164** Greater effect of diabetes on LDL size in women than in men S.M. Haffner, L. Mykkänen, M.P. Stern, M. Paidi, B.V. Howard
- 1172** Risk factors for distal symmetric neuropathy in NIDDM: The San Luis Valley Diabetes Study G.M. Franklin, S.M. Shetterly, J.A. Cohen, J. Baxter, R.F. Hamman
- 1178** Insulin omission in women with IDDM W.H. Polonsky, B.J. Anderson, P.A. Lohrer, J.E. Aponte, A.M. Jacobson, C.F. Cole

## Short Reports

- 1186** Insulin withholding for weight control in women with diabetes M.M. Biggs, M.R. Basco, G. Patterson, P. Raskin
- 1190** High prevalence of NIDDM and IGT in an elderly South Indian population with low rates of obesity A. Ramachandran, C. Snehalatha, P. Shyamala, V. Vijay, M. Viswanathan
- 1193** Incidence of Type I diabetes in the Liguria region, Italy: Results of a prospective study in a 0- to 14-year age-group M. Mazzella, M. Cotellessa, S. Bonassi, R. Mulas, A. Caratozzolo, S. Gaber, C. Romano
- 1197** A comparison of eating behaviors in newly diagnosed NIDDM patients and case-matched control subjects J. Kenardy, M. Mensch, K. Bowen, S.-A. Pearson
- 1200** Differences in peripheral and autonomic nerve function measurements in painful and painless neuropathy: A clinical study A. Veves, M.J. Young, C. Manes, A.J.M. Boulton
- 1203** Effects of postprandial exercise on glycemic response in IDDM subjects: Studies at constant insulinemia O.W. Rasmussen, F.F. Lauszus, K. Hermansen

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1. Donofrio P, Walker F, Hunt V, et al. Treatment of painful diabetic neuropathy with topical capsaicin: a multicenter, double-blind, vehicle-controlled study. *Arch Intern Med.* 1991;151:2225-2229.
2. Dailey GE III, Muchmore DP, Springer JW, et al. Effect of treatment with capsaicin on daily activities of patients with painful diabetic neuropathy. *Diabetes Care.* 1992;15:159-165.
3. Tandan R, Lewis GA, Krusinski PB, Badger GB, Fries TJ. Topical capsaicin in painful diabetic neuropathy: controlled study with long-term follow-up. *Diabetes Care.* 1992;15:8-14.
4. Scheffler NM, Sheitel PL, Lipton MN. Treatment of painful diabetic neuropathy with capsaicin 0.075%. *J Am Podiatr Med Assoc.* 1991;81(6):288-293.

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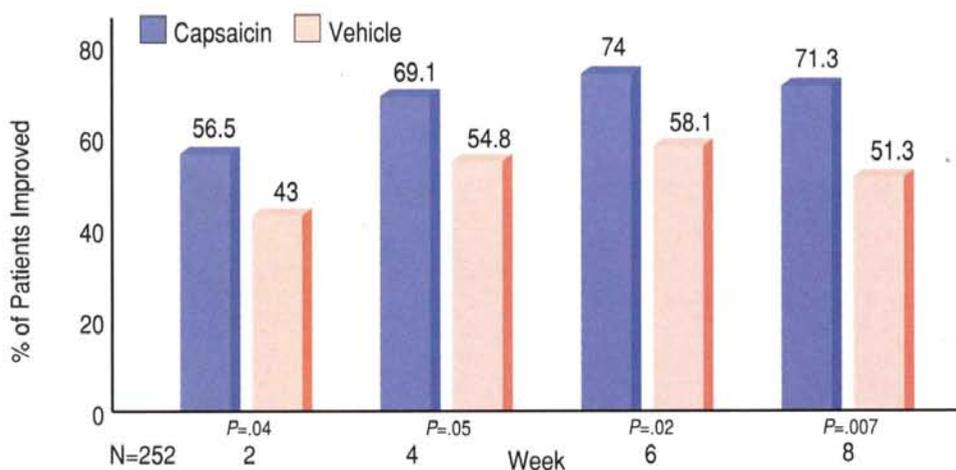
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*Diabetes Care* (ISSN 0149-5992) is published monthly by the American Diabetes Association, Inc., 1660 Duke Street, Alexandria, VA 22314. Individual subscription rates are \$100 in the U.S., Canada, and Mexico (for Canada add 7% GST) and \$155 for all other countries. Institutional rates are \$150 in the U.S., Canada, and Mexico (for Canada add 7% GST) and \$205 in all other countries. Professional membership includes \$75 designated for *Diabetes Care*. Single issues are \$11 in the U.S., Canada, and Mexico (Canada add 7% GST) and \$26.00 in all other countries. Second class postage paid at Alexandria, VA 22314, and at additional mailing offices. POSTMASTER: Send change of address to *Diabetes Care*, American Diabetes Association, Inc., Journal Subscriptions, Dept. 0028, Washington, DC 20073-0028.

*Diabetes Care* is listed in Science Citation Index, Current Contents/Life Sciences, Current Contents/Clinical Medicine, SCISEARCH, ISI/BIOMED databases, and Automatic Subject Citation Alert. *Diabetes Care* is available online on BRS Colleague. For more information call 800-955-0906. It is also available in machine-readable format from University Microfilms International. *Diabetes Care* is printed on acid-free paper starting with Vol. 11(1), 1988.

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Table of Contents (continued)

- 1206** Shanghai, China, has the lowest confirmed incidence of childhood diabetes in the world  
F. Hua, S. Shui-xian, C. Zhao-wen, W. Jia-jun, Y. Ting-ting, R.E. LaPorte, N. Tajima
- Commentaries**
- 1209** Parallels between treated uncontrolled diabetes and the refeeding syndrome with emphasis on fluid and electrolyte abnormalities R. Matz
- 1214** Type I diabetes masquerading as Type II diabetes: Possible implications for prevention and treatment R.D.G. Leslie, P. Pozzilli
- 1220** Islet cell antibodies: Light at the end of the tube?  
L.C. Harrison
- Letters**
- 1223** Determination of the area under a curve  
Comments on Tai's mathematic model  
Tai's formula is the trapezoidal rule  
Modeling metabolic curves  
Reply from Mary Tai  
Addendum to Monaco's and Anderson's letter  
Revision of improved mean glycemia from HbA<sub>1c</sub>  
Nathan's response to Dumas  
Santiago's response to Dumas  
Prevalence and clinical characteristics of Type I and Type II insulin-treated diabetes in the community  
Silent coronary artery disease in diabetic patients with cardiac autonomic neuropathy  
Behavioral correlates of metabolic control in people with IDDM in Taipei  
IDDM incidence in children 0-14 years of age in Piedmont, Italy  
Resuspension of intermediate-acting insulin as a source of error in insulin dosing  
Severe or life-threatening hypoglycemia in insulin pump treatment
- 1237 Perspectives on the News**  
American Diabetes Association meetings, 1994:  
Insulin-dependent diabetes mellitus  
Z.T. Bloomgarden
- 1240 Issues & Updates**
- 1245 SI Units Tables**

**OCTOBER AUTHOR INDEX  
(VOLUME 17, NUMBER 10)**

Algan, Michel, 1141  
Allanic, H., 1115  
Anderson, Barbara J., 1178  
Anderson, Randy L., 1224, 1227  
Anderson, Robert M., 1124  
Aponte, Jennifer E., 1178

Basco, Monica Ramirez, 1186  
Baxter, Judith, 1172  
Bender Ralf, 1223  
Biggs, Melanie M., 1186  
Bitzen, Per-Olof, 1100  
Bjørnerud, Arild, 1236  
Bjørngaas, Marit, 1236  
Bloomgarden, Zachary T., 1237  
Bock, Troels, 1154  
Bodner-Fishman, Bettina, 1231  
Bonassi, Stefano, 1193  
Boulton, Andrew J. M., 1200  
Bowen, Kerry, 1197  
Buschard, Karsten, 1154

Caratozzolo, Antonino, 1193  
Cavallo, Franco, 1234  
Cerutti, Franco, 1234  
Chaillous, L., 1115  
Charbonnel, B., 1115  
Chen, Y.-D. Ida, 1093  
Chen, Yueh-Chih, 1233  
Claudi, Tor, 1236  
Cohen, Jeffrey A., 1172  
Cole, Charlotte F., 1178  
Connor, William E., 1135  
Cotellessa, Mario, 1193  
Cowie, Catherine C., 1158

Dávidovits, Zoltán, 1232  
Davis, Wayne K., 1124  
DeDonno, Valeria, 1234  
Delamaire, M., 1115  
Drouin, Pierre, 1141  
Duell, P. Barton, 1135  
Dumas, James, 1228

Eberhardt, Mark S., 1158  
Franklin, Gary M., 1172

Gaber, Shamir, 1193  
Guerci, Bruno, 1141

Haffner, Steven M., 1164  
Hagemenas, Fay, 1135  
Hamman, Richard F., 1172  
Harris, Maureen I., 1158  
Harrison, Leonard C., 1220  
Hermann, Leif S., 1100  
Hermansen, Kjeld, 1203  
Hess, George E., 1124  
Hiss, Roland G., 1124  
Howard, Barbara V., 1164  
Hua, Fu, 1206

Jacobson, Alan M., 1178  
Jeppesen, Jorgen, 1093  
Jermendy, Gyorgy, 1232  
Jervell, Jak, 1236  
Jia-Jun, Wang, 1206  
Johnson, Jennal, 1110

Kabadi, Mary, 1110  
Kabadi, Udaya, 1110  
Kapelrud, Helge, 1236  
Kenardy, Justin, 1197  
Khoór, Sandor, 1232  
Kjellström, Thomas, 1100  
Kumanyika, Shiriki K., 1148  
LaPorte, Ronald E., 1206

Lauszus, Finn F., 1203  
Leslie, R. David G., 1214  
Ligier, Sophie, 1234  
Limal, J. M., 1115  
Lin, Boniface Juisiang, 1233  
Lindgarde, Folke, 1100  
Lohrer, Patricia A., 1178  
Lonchamp, Philippe, 1141  
Ludlow, Robert, 1148

Maislos, Maximo, 1231  
Manes, Christos, 1200  
Marre, M., 1115  
Martignat, L., 1115  
Mathieu, E., 1115  
Matz, Robert, 1209  
Maugendre, P., 1115  
Mazzella, Massimo, 1193  
Melandar, Arne, 1100  
Mensch, Melba, 1197  
Midthjell, Kristian, 1236  
Monaco, Jane H., 1224, 1227  
Mulas, Roberta, 1193  
Mykkanen, Leena, 1164

Nathan, David M., 1229  
O'Connell, Kathleen M., 1110  
Owens, D. R., 1225

Paidi, Michael, 1164  
Pallesen, Camilla S., 1154  
Patterson, Gayle, 1186  
Pearson, Sallie-Anne, 1197  
Pedersen, Charlotte R., 1154  
Polonsky, William H., 1178  
Polychronakos, Constantin, 1234  
Pozzilli, Paolo, 1214

Ramachandran, Ambady, 1190  
Raskin, Philip, 1186  
Rasmussen, Ole W., 1203  
Reaven, Gerald M., 1093  
Romano, Cesare, 1193

Sacchetti, Carla, 1234  
Sai, P., 1115  
Santiago, Julio V., 1229  
Schatz, Desmond, 1148  
Scherstén, 1100  
Shannon, A. G., 1225  
Shetterly, Susan M., 1172  
Shiau, Shujen, 1233  
Shui-Xian, Shen, 1206  
Shyamala, Panchaksharam, 1190  
Snehalatha, Chamukuttan, 1190  
Stepien, Cathie J., 1124  
Stern, Michael P., 1164

Tai, Mary M., 1226  
Tai, Tong-Yuang, 1233  
Tajima, Naoko, 1206  
Ting-Ting, Ye, 1206  
Tsai, Shih-Tzer, 1233

Veves, Aristidis, 1200  
Vijay, Viswanathan, 1190  
Viswanathan, Moopil, 1190  
Volund, Aage, 1154

Weatherspoon, Lorraine J., 1148  
Weber, Michel, 1141  
Weitzman, Simon, 1231  
Wolever, Thomas M. S., 1224

Young, Matthew J., 1200  
Zhao-Wen, Chen, 1206  
Zhou, Ming-Yue, 1093  
Zigler, Olivier, 1141



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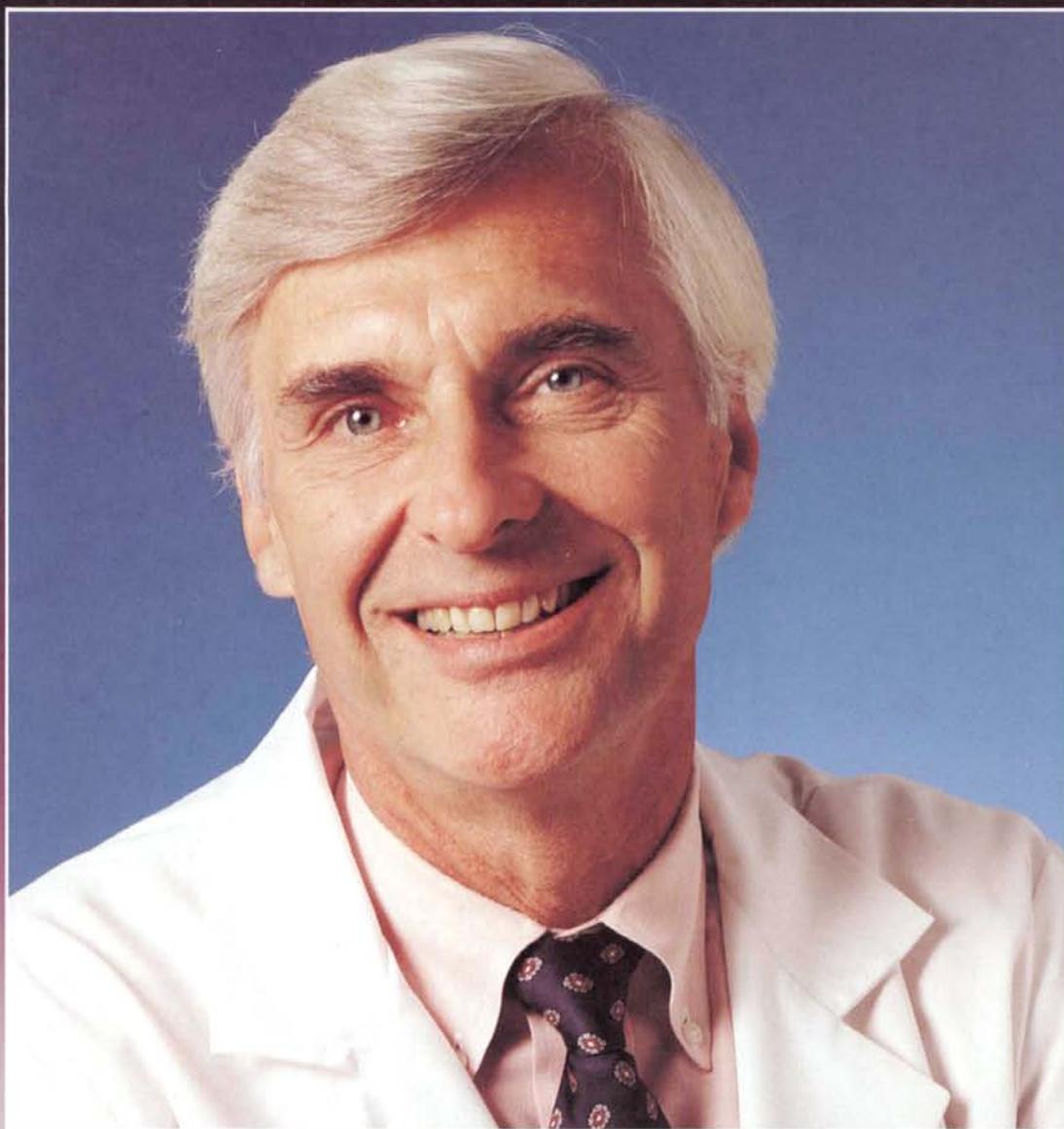
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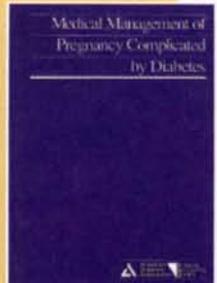
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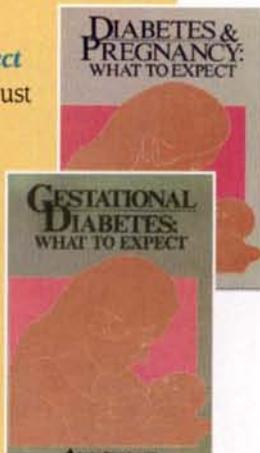
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McLean, VA 22109-0592



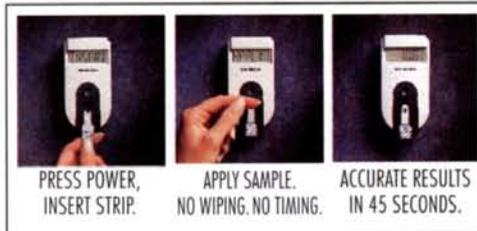
For people with diabetes, no other meter has proven itself more accurate than ONE TOUCH® Brand Meters. Or more simple to use. Perhaps that's why we're the number one selling brand of blood glucose meters. And the system recommended by more physicians and diabetes educators. As well as the no-wipe meter chosen by more hospitals.

So the most difficult thing you'll probably have to deal with is choosing which ONE TOUCH® Meter to recommend for your patient's individual needs. The ONE TOUCH® BASIC® System, the meter that provides an accurate reading quickly and easily for value-minded patients. Or the ONE TOUCH® II System, the meter that takes simple monitoring a step further, providing helpful

information such as 250-test memory and 14-day average right at their fingertips.

Whichever you recommend, your patients will be using the blood glucose monitoring systems that two million people have put to the test, more than two billion times. And by using Genuine ONE TOUCH® Test Strips, they will assure that our system will help keep their system running smoothly. What's more, they'll also receive the assurance of our 30-day, money-back guarantee. Plus our 24-hour, toll-free customer service. If you have any questions, call our Healthcare Professional Hotline at 1 800 453-7226, ext. 5510.

ONE TOUCH® Systems. Simple reasoning, simply the best.



THE BEST  
REASON TO USE OUR  
BLOOD GLUCOSE  
MONITORING SYSTEMS  
IS ALSO  
THE SIMPLEST.

*For diabetes and life.*

**LIFESCAN** INC.

a Johnson & Johnson company

# NOW SAVE UP TO 30% On Patient Materials When You Buy In Bulk!

The American Diabetes Association recognizes how important it is to get correct self-care information into the hands of diabetes patients. And what better route to take than to go directly to you, the patient's primary source of health care advice? To make it easy for you, we've arranged a bulk discounting system when you buy 5 or more copies of a single publication. Here's how it works:

1. Find the desired number of copies and applicable discount in the table below.
2. Take this percentage off the listed single-copy **nonmember** price and multiply this price by the number of copies desired.
3. *Exchange Lists for Meal Planning* and *Exchange Lists for Weight Management* will be discounted as follows: 10-99 copies, \$1.10 each; 100-499 copies, \$1.04 each; 500 - 999 copies, \$ .91 each; 1,000+ copies, \$ .78 each.

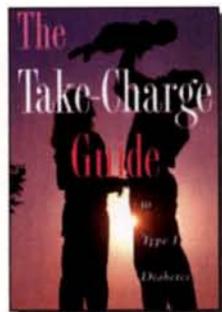
## Bulk Discount Table

(Discount Off Single-Copy Nonmember Price)

| No. of Copies | Member | Nonmember |
|---------------|--------|-----------|
| 5 - 24        | 22%    | 10%       |
| 24 - 49       | 24%    | 12%       |
| 50 - 99       | 26%    | 15%       |
| 100 - 499     | 28%    | 20%       |
| 500+          | 30%    | 25%       |

## The Take Charge Guide to Type I Diabetes

This new "owner's manual" will help your patients take control of their health. It provides answers to dozens of questions in terms that your patients will understand. Topics include: Intensive Insulin Therapy, Impotence and Sexual Dysfunction; Diabetes and Your Social Life; and more. All the self-management tools



**NEW!**

your patients need to maintain good control are packed into this all-in-one guide—a must for all patients with type I diabetes! Softcover; 282 pages; #CSMT2.

**Nonmember:** \$24.95; **Member:** \$19.95

## Type II Diabetes: Your Healthy Living Guide

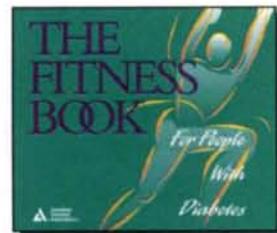
Help your patients lay the groundwork for a sensible, healthy lifestyle with this ADA best-seller. Thorough, easy-to-read chapters address lifestyle adjustments and concerns such as diet and exercise, taking medications safely, avoiding complications, and much more! Softcover; 235 pages; #CTIIHG.

**Nonmember:** \$24.95; **Member:** \$19.95



## The Fitness Book: For People With Diabetes

Your patients need to understand the important role fitness plays in helping them control their diabetes. Written specifically for people with diabetes, this book will give them the expert information they need to start, maintain, or improve on a life that includes exercise and fitness. Illustrated; Softcover; 150 pages; #CSMFB.



**NEW!**

**Nonmember:** \$18.95; **Member:** \$14.95

## Exchange Lists for Meal Planning

Teaches your patients about the six exchange lists and the foods in each through colorful charts and simple language. Includes food portions that can be easily adjusted to fit any calorie level. Specifically for people with diabetes. Softcover; 32 pages; #CELMF.

**Nonmember:** \$1.30; **Member:** \$1.10

Large Print, #CELMPL.

**Nonmember:** \$2.50; **Member:** \$2.15

## Exchange Lists for Weight Management

This booklet makes it easy for your patients to learn better weight control using the Exchange System. Covers the basics of good nutrition, setting goals for a good weight management program, and more. Softcover; 32 pages; #CELWM.

**Nonmember:** \$1.30; **Member:** \$1.10

- YES! Please send me the books I've listed, and include a free catalog.  
 NO. I'm not ordering right now, but please send me a free catalog.

| Item # | Item Name | Qty | Unit Price | Total |
|--------|-----------|-----|------------|-------|
|        |           |     |            |       |
|        |           |     |            |       |
|        |           |     |            |       |
|        |           |     |            |       |

|                                |                                    |
|--------------------------------|------------------------------------|
| <b>Shipping &amp; Handling</b> | Publications Subtotal..... \$      |
| up to \$30.00 add \$3.00       | VA Residents add 4.5% tax..... \$  |
| \$30.01-\$50.00 add \$4.00     | Shipping & Handling (see chart) \$ |
| over \$50.00 add 8%            | Total Due..... \$                  |

Allow 2-3 weeks for shipment. Add \$3 to shipping & handling for each extra shipping address. Add \$15 for each overseas address. Prices subject to change without notice.

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Account Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

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 1970 Chain Bridge Road  
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PLEASE NOTE THAT SECTIONS IN RED ARE NEW/REVISED THIS YEAR



55th SCIENTIFIC SESSIONS

June 10 - 13, 1995 Atlanta, Georgia

Submission Deadline:  
Friday, January 6, 1995

INSTRUCTIONS FOR PREPARATION OF ABSTRACTS

1. **Originality of work, adequacy of data, and clarity of exposition are the determinants in the selection of abstracts.** Make abstracts as informative as possible, including a brief statement of the purpose of the study or why it was done, the methods or what was done, the results observed, and the author(s)' conclusions based on the results. Actual data should be summarized. It is inadequate to state "The results will be discussed" or "The data will be presented." Tables may be used to present data (refer to #19 in the instructions).

2. **Abstracts are not eligible for consideration if the paper has been presented at another national or international meeting, or will be published before the American Diabetes Association's 55th Annual Meeting and Scientific Sessions.**

3. **The final decision with respect to selection, programming, and/or publication of any abstract will be made by the Association's Scientific Sessions Meeting Committee.**

4. **Accepted abstracts will be reduced by 25% and photographed as submitted for publication in the 55th Abstract Book, the May supplement to *Diabetes*.**

5. **Abstracts must be received at the Association's National Center by Friday, January 6, 1995.** Abstracts received after the deadline, regardless of the postmark date, will not be accepted.

6. **Accepted abstracts will be printed as submitted.** Changes to abstracts will not be accepted after submission. They should be carefully written and edited prior to submission.

7. **The abstract must be clear, within the border of the form, and limited to the space provided.** Use only a typewriter or laser printer, as the quality of dot matrix printers varies considerably. The text must be within the border of the form. Those exceeding the border will not be accepted. Abstracts with the text glued or taped inside the border will also be accepted. Please use the following tips when printing your abstract:

■ If typed, use carbon ribbon or slightly used black silk ribbon (new ribbons smudge, old ones reproduce too faintly). Practice typing the abstract in a rectangle 4 3/16" X 6 3/16" before using the original form.

■ If using a laser printer, please note that the page size of the form is not 8 1/2" by 11". A left margin of 1.15" and a right margin of 3.35" should keep text within the border. Practice printing the abstract with these margins before using the original form.

8. **The printed abstract must be an original and must be submitted on the abstract forms found in this packet.** To obtain additional abstract packets, refer to #21 in these instructions.

9. **The review of abstracts is blinded, therefore two original abstract forms must be submitted: one (1) for publication (Form A) with the title and author(s)' name(s) within the border of the form, and one (1) for review (Form B) without this information.** Please refer to the abstract forms on pages 3 and 5 for further instructions.

10. **The signature of an active member of the Professional Section of the American Diabetes Association is required to validate the abstract.** Members who sponsor non-members should verify that the latter are conforming to the rules. A member is not limited to the number of abstracts he/she can sponsor.

11. **An individual (member or non-member) may appear on four abstracts as an author, but may only appear as first author on two abstracts.** A member may appear as author, co-author, or sponsor. A non-member may appear as author or co-author, but not as a sponsor. Authors are not required to be members of the Association.

12. **Two (2) original abstract forms (Abstract Form A and Abstract Form B) and five (5) copies of the front only of each form must be provided for processing.**

13. **Abstract headings must follow a specified format.** The format is as follows (refer to the example on page 2):

a. Headings should begin to the immediate right of the box located in the upper left corner of the abstract area.

b. The first letters of major words in the title should be capitalized. Do not use subtitles (e.g., Methods, Results) within the body of the abstract.

c. Author(s)' complete first and last name(s) should be listed and capitalized. Authors who appear on more than one abstract should list their names the same way on all.

d. Author(s) who are members of the Association's Professional Section must be indicated by an asterisk (\*) after their name. No other identifying marks are permissible (refer to #13e below).

e. Author(s) who have indicated "yes" on the *Duality of Interest* form (see page 6) must include a notation after their name(s). Use the following to indicate the type of duality: 1 = employment; 2 = membership on board of directors; 3 = stock/shareholder; 4 = honoraria or consulting fees; 5 = grant/research support; 6 = other.

f. Do not list credentials, degrees, academic title(s) (e.g., MD, RN, RD), or institutional affiliation(s) on the abstract form.

g. Include city and state (postal abbreviations) or country of origin of work; do not include street address and zip code.

Example of abstract heading:

A Novel Form of Chelation Prevents IDDM in BB Rats.  
JOHN DOE<sup>1</sup>, JAMES E. REASONER, SUSAN SMITH<sup>3</sup>,  
JANE FRIDAY<sup>6</sup>, Alexandria, VA

14. It will be presumed that the first author on the abstract will be the presenter, but it is not mandatory.

15. All correspondence will be sent to the person indicated as the corresponding author.

16. The first line of the text of the abstract and first line of any subsequent paragraphs should be indented three spaces.

17. The use of standard abbreviations is requested. Examples include kg, g, mg, ml, L (liter), meq, m (meter), mM (millimoles per liter), / (per), and % (percent). Place special or unusual abbreviations in parentheses after the full word the first time it appears, then use the abbreviation throughout the rest of the abstract. Use numerals to indicate numbers, except when beginning sentences.

18. Nonproprietary (generic) names should be used the first time a drug is mentioned and typed in lowercase letters; names are always capitalized, e.g., aspirin (Bufferin).

19. Simple tables or special symbols may be included if they fit within the border of the form. Material that cannot be typed should be drawn in India ink.

20. Do not include references, credits, or grant support information in the abstract.

21. All authors listed on the abstract must read and sign the *Duality of Interest* form (page 6) and the form must be included with each abstract submitted. Please refer to #13e for instructions on noting dualities on the abstract form. When preparing abstracts, please allow enough time to have all authors sign the original form.

22. If you want acknowledgement that an abstract was received by the Association, provide a self-addressed, stamped postal card addressed to the corresponding author. The reverse side of the card should indicate the title of the abstract and the name(s) of all author(s). The card will be stamped with a temporary number

and returned. If no acknowledgement card has been included with submission, confirmation of receipt cannot be provided by phone.

23. A non-refundable processing fee of US\$35.00 and a completed payment form (see page 7) must accompany each abstract submitted to the American Diabetes Association. Payment must be in the form of a check or money order in U.S. funds and drawn on a U.S. bank, and made payable to the American Diabetes Association. Major credit cards (American Express, VISA, MasterCard) are also accepted. Purchase orders are unacceptable.

24. Before mailing an abstract submission, use the checklist on page 7 to confirm that all instructions have been followed and all items have been included.

25. **Do not fold the originals or copies.** They should be mailed **FIRST CLASS or AIR MAIL**, when applicable, and addressed as follows: Scientific Sessions Meeting Committee, American Diabetes Association, P.O. Box 26427, Alexandria, VA 22313-6427, USA. Abstracts sent by express mail should be addressed as follows: Scientific Sessions Meeting Committee, American Diabetes Association, 1660 Duke Street, Alexandria, VA 22314-3447, USA. **When shipping express mail, do not ship for a Saturday arrival.** Abstracts will not be accepted for review if sent via fax.

26. For additional abstract packets, or if you have questions about completing the abstract form, contact Jill Thompson, Professional Programs Administrator, American Diabetes Association, 1660 Duke Street, Alexandria, VA 22314-3447, USA; phone: (703) 549-1500, ext. 212; fax: (703) 683-1839.

27. Oral presentations at the Scientific Sessions will be limited to 10 minutes each to allow time for discussion.

28. Presenters must pay the registration fee for attendance at the Scientific Sessions. Presenters will be able to register at pre-registration rates. For more information on registration, contact the Meeting Services Department, American Diabetes Association, 1660 Duke Street, Alexandria, VA 22314-3447, USA; phone: (703) 549-1500, ext. 330; fax: (703) 683-1351.

29. **Expenses associated with the submission and presentation of the abstract are the responsibility of the presenter.**

---

### 1995 ABSTRACT CATEGORIES

Select **one** two-digit category number and enter it on the appropriate line on both abstract forms:

- |  |                                 |                                     |
|--|---------------------------------|-------------------------------------|
| 01 Clinical Diabetes                     | 10 Gene Regulation              | 20 Metabolism, in vivo, humans      |
| 02 Complications, Hypoglycemia and Other | 11 Genetics                     | 21 Nutrition/Obesity/Exercise       |
| 03 Complications, Macrovascular          | 12 Health Care Delivery         | 22 Pregnancy                        |
| 04 Complications, Nephropathy            | 13 Hormones, Not Insulin        | 23 Psychosocial/Behavioral Medicine |
| 05 Complications, Neuropathy             | 14 Immunology                   | 24 Signal Transduction              |
| 06 Complications, Retinopathy            | 15 Insulin Action               | 25 Transplantation                  |
| 07 Diabetes Education                    | 16 Insulin Synthesis/Secretion  |                                     |
| 03 Epidemiology                          | 17 Lipids/Lipoproteins          |                                     |
| 09 Forms of Therapy/New Technology       | 18 Metabolism, in vitro         |                                     |
|  | 19 Metabolism, in vivo, animals |                                     |

**TYPE ABSTRACT WITHIN BOX**

**FOR OFFICE USE ONLY**

Date Rec'd \_\_\_\_\_PMT?\_\_\_\_\_

Abstract No. \_\_\_\_\_

Duality Signed? \_\_\_\_\_ Y \_\_\_\_\_ N

AS/400 ID No. \_\_\_\_\_



**ABSTRACT FORM A**

(For publication)

**CHECK ONE:**

- |   |   |
|---|---|
| <input type="checkbox"/> Poster Session Preferred | <input type="checkbox"/> Oral Session Preferred |
| <input type="checkbox"/> Poster Session Only      | <input type="checkbox"/> Oral Only              |
| <input type="checkbox"/> No Preference            |   |

The author's wishes will be followed if possible.

**Abstract Category Number:** \_\_\_\_\_  
(See two-digit category numbers listed on page 2)

**Key Words for Program Index (list two):**  
\_\_\_\_\_  
\_\_\_\_\_

**IMPORTANT**

**This form must be signed by an active member of the Professional Section of the American Diabetes Association.**

The instructions on pages 1 and 2 must be followed exactly for abstracts to be considered for review.

**The sponsoring member agrees that the material submitted herein conforms with the instructions on pages 1 and 2.**

List first name, middle initial, last name, degrees, address (including city/state/country/zip), and telephone/fax numbers of author who should receive correspondence (please type or print):

First Name \_\_\_\_\_ MI \_\_\_\_\_

Last Name \_\_\_\_\_

Credentials \_\_\_\_\_ Department \_\_\_\_\_

Institution \_\_\_\_\_

Street Address \_\_\_\_\_

\_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Country \_\_\_\_\_ Zip code or postal code \_\_\_\_\_

Work Phone (include area code/country code) \_\_\_\_\_ Fax Number (include area code/country code) \_\_\_\_\_

Has this research been supported, in whole or in part, by a grant from the American Diabetes Association? \_\_\_\_\_ Y \_\_\_\_\_ N

\_\_\_\_\_  
**MEMBER SIGNATURE**

\_\_\_\_\_  
**PRINTED NAME**

***PLEASE LEAVE THIS AREA BLANK***

**ONLY TYPE ABSTRACT TITLE AND ABSTRACT WITHIN BOX; DO NOT TYPE AUTHOR(S)' NAMES OR LOCATION**

|                                     |  |
|-------------------------------------|--|
| Type only title<br>to right of box: |  |
|-------------------------------------|--|

|                            |
|----------------------------|
| <b>FOR OFFICE USE ONLY</b> |
| Abstract No. _____         |



**ABSTRACT FORM B**

(For review)

**CHECK ONE:**

- |   |   |
|---|---|
| <input type="checkbox"/> Poster Session Preferred | <input type="checkbox"/> Oral Session Preferred |
| <input type="checkbox"/> Poster Session Only      | <input type="checkbox"/> Oral Only              |
| <input type="checkbox"/> No Preference            |   |

The author's wishes will be followed if possible.

**Abstract Category Number:** \_\_\_\_\_  
(See two-digit category numbers listed on page 2)

**The American Diabetes Association's blinded review process:**

All abstracts submitted to the American Diabetes Association are peer-reviewed through a "blinded" review process. Reviewers are provided copies of the abstract form on this page (Abstract Form B). Please be certain that Abstract Form B does not include the author(s)' names or location(s). Be sure to indicate your presentation preference and the abstract category number on Abstract Form B as you have done on Abstract Form A. Abstract forms which do not comply with these guidelines or instructions on pages 1 and 2 will not be submitted for review. See Abstract Form B sample format below.

**ONLY TYPE ABSTRACT TITLE AND ABSTRACT WITHIN BOX;  
DO NOT TYPE AUTHOR(S)' NAMES OR LOCATION**

|                                     |  |
|-------------------------------------|--|
| Type only title<br>to right of box: | Insulin-Mediated Mitogenic Signal Transduction Requires IRS-1. |
|                                     | Abstract data.....   |

## ***DUALITY OF INTEREST STATEMENT***

All participants at professional education events sponsored by the American Diabetes Association should present an objective and scientifically valid view on the subject they are addressing. It is essential that all speakers adhere to this objective in order to protect their reputation and integrity as well as that of the programs of the American Diabetes Association.

On occasion, however, a situation may exist in which an individual presenting the results of scientific research has a relevant duality of interest. Generally, a relevant duality of interest exists when an individual has material interests which could influence him/her or could be perceived as influencing him/her to act contrary to the interests of scientific research and for their own personal benefit or that of a family member, or a business associate. Usually a relevant duality of interest would be financial, such as when an individual has an employment relationship, stock ownership interest, consultative or advisory arrangement, or is the recipient of monies through a grant or stipend.

Situations involving a relevant duality of interest are not inherently wrong or bad, but the prospective audience must be made aware that an affiliation/financial interest exists in order to be able to evaluate fully the information presented. Accordingly, all abstract authors must complete and return the statement below. An author may decline to complete this form, and, in that event, cannot have his/her name on the abstract.

---

## ***DUALITY OF INTEREST DISCLOSURE FORM***

All authors listed on abstracts submitted for the 55th Annual Meeting and Scientific Sessions must sign this form, and a completed form must be included with every abstract submitted.

I have read the American Diabetes Association's *Duality of Interest Statement*, and I am indicating below that I have or have not had in the previous 12 months a relevant duality of interest with a company whose products or services are directly related to the subject matter of my presentation. A relevant duality of interest includes employment, ownership of stock, membership on a standing committee or on the board of directors, receiving honoraria or consulting fees, or receiving financial support or grants for research. Company is defined as a for-profit concern engaged in the development, manufacture, or sale of pharmaceutical or biomedical device(s)/supplies.

Authors' Signatures:

Use appropriate numeral to indicate type of duality\*

- |          |                              |       |                             |
|----------|------------------------------|-------|-----------------------------|
| 1. _____ | <input type="checkbox"/> YES | _____ | <input type="checkbox"/> NO |
| 2. _____ | <input type="checkbox"/> YES | _____ | <input type="checkbox"/> NO |
| 3. _____ | <input type="checkbox"/> YES | _____ | <input type="checkbox"/> NO |
| 4. _____ | <input type="checkbox"/> YES | _____ | <input type="checkbox"/> NO |
| 5. _____ | <input type="checkbox"/> YES | _____ | <input type="checkbox"/> NO |
| 6. _____ | <input type="checkbox"/> YES | _____ | <input type="checkbox"/> NO |

(If additional space is needed for author(s) signature(s), please photocopy this form and include with abstract submission.)

\*By answering yes, ADA will disclose the existence of the relevant duality of interest. ADA will make the disclosure by placing a numeral by the author(s) name(s) in the program indicating the type of duality that exists (1 = employment; 2 = membership on board of directors; 3 = stock/shareholder; 4 = honoraria or consulting fees; 5 = grant/research support; 6 = other duality). The numeral will refer to the following statement in the program book:

"This presenter (denoted by a numeral next to his/her name in the program) has indicated that he/she has a relationship which, in the context of the subject of his/her presentation, could be perceived to represent a relevant duality of interest. The relationship is between the author and a pharmaceutical company, biomedical device manufacturer, or other corporation whose products or services are directly related to the subject matter of the author's presentation. Relevant dualities include employment by an industrial concern (1), ownership of stock (2), membership on a committee or on the board of directors (3), receiving honoraria or consulting fees (4), receiving grants or funds from such corporations (5), or other types of dualities not listed (6)."

**Submission of this form does not: 1) guarantee acceptance of the abstract for presentation (All abstracts are peer-reviewed and not all abstracts are accepted for presentation.); and 2) influence the review of the abstracts (Reviewers are not provided copies of *Duality of Interest Disclosure Forms*.)**

## ABSTRACT PREPARATION CHECKLIST

Two original abstract forms must be submitted as indicated in the Instructions for Preparation of Abstracts (see page 1, #12).

Before mailing, please check your abstract submission for the following:

*For both Abstract Form A and Abstract Form B:*

- Is the submission on original abstract forms?
- Does the heading of the abstract begin to the right of the box located in the left corner of the abstract border, and is the text of the abstract within the border?
- Are the first letters of major words in the title capitalized?
- Have the instructions for the body of the abstract been followed, including indentation, abbreviation, nonproprietary names, tables, and references?
- Has the type of presentation preference been indicated?
- Has the appropriate abstract category number been filled in?
- Have five copies of each form been included?

*For Abstract Form A:*

- Are author(s)' and co-author(s)' names capitalized, and do author(s)' complete first name(s) precede last name(s), in the heading?
- Have asterisks been used to designate active member(s) of the Professional Section of the American Diabetes Association in the heading?
- Have appropriate marks to indicate an author(s)' duality been included in the heading?

- Have degrees, academic titles, institutional affiliations, street address, and zip code not been listed in the heading?
- Has the form been signed by an active member of the Professional Section of the American Diabetes Association?
- Have key words for indexing been provided?
- Has the corresponding author information been provided, i.e., credentials, institution, and mailing address?
- Has the the question regarding the funding of the abstract's research been answered?

*For Abstract Form B:*

- Have author(s)' name(s), cit(ies) and state(s) been removed from the heading to "blind" the abstract?

*For each abstract submission, have the following items been completed and included:*

- Has each author read and signed the *Duality of Interest* form (back of the original Abstract Form B)?
- Has a self-addressed, stamped postal card been provided if acknowledgement is desired?
- Has a processing fee of US\$35.00, payable by check or money order to the American Diabetes Association, been enclosed with a payment form, or, has the appropriate credit card information on the payment form been completed and signed by the credit card holder?

CUT ALONG DOTTED LINE



### PAYMENT FORM

FOR OFFICE USE ONLY

Date Rec'd: \_\_\_\_\_

Processed By: \_\_\_\_\_

**Include this form with your abstract submission.**

Title of Abstract: \_\_\_\_\_

Name of Corresponding Author: \_\_\_\_\_

#### Method of Payment

\_\_\_\_\_ I have enclosed a check/money order in the amount of US\$35.00 for each abstract submitted.  
(please attach check to this form)

\_\_\_\_\_ I authorize the American Diabetes Association to charge \$ \_\_\_\_\_ to my credit card for my abstract processing fee.



American Express



VISA



Mastercard

Card issued in name of (please print): \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_



## FUTURE MEETINGS

### *42nd Annual Advanced Postgraduate Course*

January 20 - 22, 1995

San Diego, California

### *University of the West Indies Postgraduate Course*

February 23 - 26, 1995

Ocho Rios, Jamaica

Co-sponsored by the University Diabetes Outreach Project and the American Diabetes Association

### *Diagnosis and Treatment of Genitourinary Disorders in Diabetes*

March 9 - 11, 1995

San Francisco, California

### *Diagnosis and Treatment of the Complications of Diabetes*

April 20 - 23, 1995

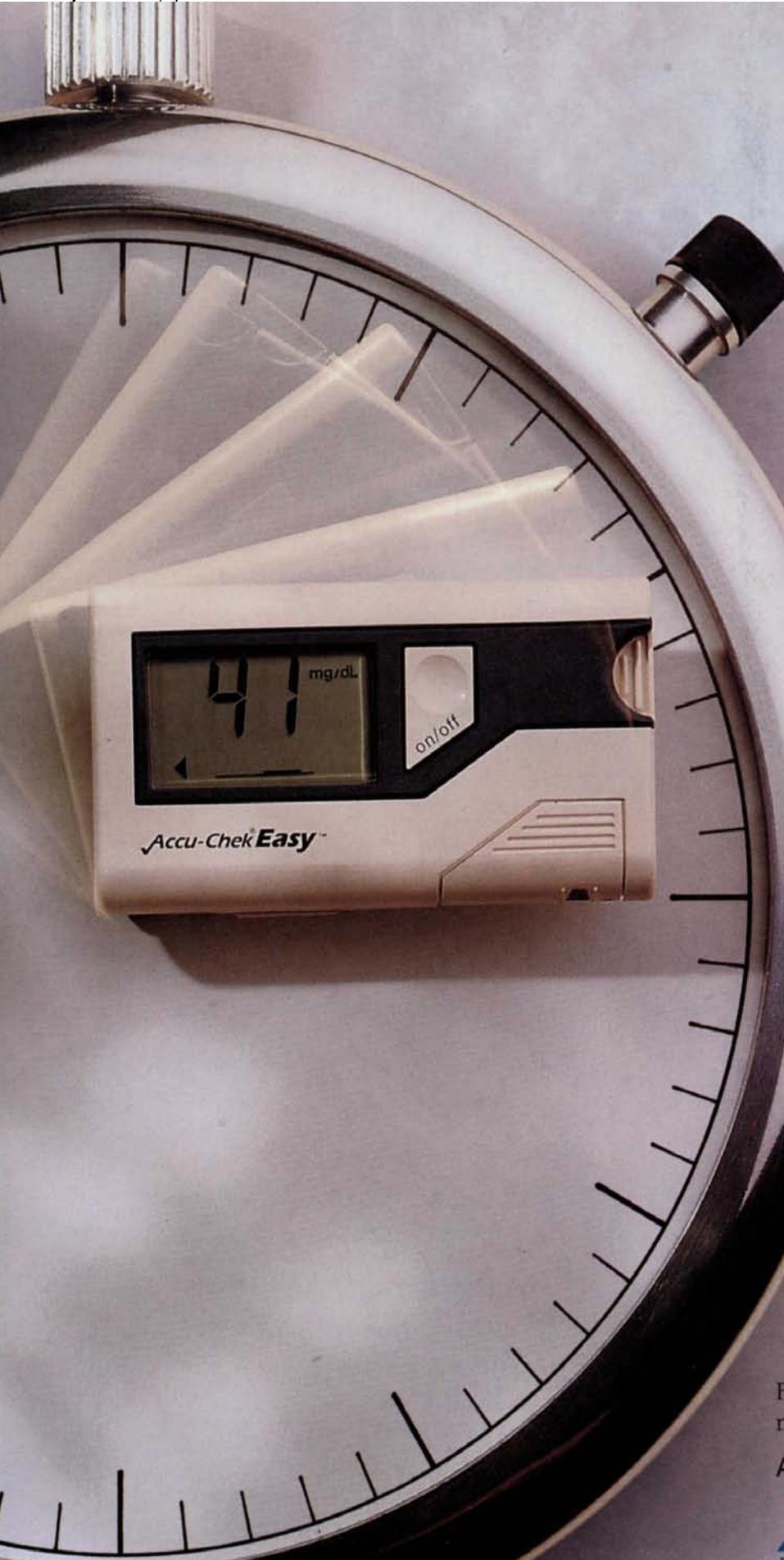
Boston, Massachusetts

### *55th Annual Meeting and Scientific Sessions*

June 10 - 13, 1995

Atlanta, Georgia

For more information and registration forms, contact the  
American Diabetes Association, Meeting Services Department,  
1660 Duke Street, Alexandria, VA 22314-3447 USA;  
phone: (703) 549-1500, ext. 330; fax: (703) 683-1351.



**IN THE RACE TO  
DETECT HYPOGLYCEMIA,  
ONE SYSTEM  
LEADS THE PACK**

In as little as 15 seconds, the ACCU-CHEK® EASY™ can alert your patients to a hypoglycemic episode. No other system is as fast. It's another example of how ACCU-CHEK® Systems are designed to meet your patients' needs.

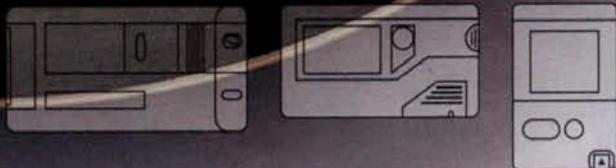
Allowing your patients to choose a blood glucose monitor they feel comfortable with is important for better diabetes control. It may be how a meter is calibrated. Or it may be the way blood is applied to the test strip. Maybe a patient is at high risk of hypoglycemia and needs the speed that comes with ACCU-CHEK® EASY™. Whatever the reason, each patient is an individual and should have a choice that fits his or her lifestyle. After all, it's the patient who makes it work.

For better diabetes control, give your patients more than a chance...give them a choice.

A choice for different needs

**Accu-Chek®**  
BLOOD GLUCOSE MONITORING SYSTEMS

**What it takes to take control**



Diagnostics

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# Be

# In San Diego

AMERICAN DIABETES ASSOCIATION'S  
42ND ANNUAL ADVANCED  
POSTGRADUATE COURSE  
JANUARY 20-22, 1995  
SHERATON HARBOR ISLAND RESORT  
SAN DIEGO, CALIFORNIA

...at the 42nd Annual Advanced

## FRIDAY, JANUARY 20

### **General Session — Pathogenesis**

Pathogenesis of Immune Destruction of the Pancreas:  
Do We Know How This Happens?

What Causes NIDDM: Defects in Insulin Secretion,  
Insulin Action, or Both?

Diabetic Neuropathy: Is It A Metabolic or A Vascular  
Disease?

Atherosclerotic Vascular Disease: Does the Pathogenesis  
Differ in IDDM and NIDDM?

What Causes Hypoglycemic Unawareness?

### **General Session — Topics in Endocrinology**

Endocrine Hypertension Diagnosis and Treatment

Hypoglycemic Disorders

Endocrine Causes of Syncope

Growth Hormone Deficiency in Children and  
Adolescents

### **Presentation**

The New National Standards for Diabetes Patient  
Education Programs

## SATURDAY, JANUARY 21

### **General Session — Treatment**

Can Complications in NIDDM be Prevented? If So, How?

Neuropathy: How Effective is the Treatment of  
Neuropathic Pain?

Nephropathy: Proven vs. Promising Therapies: Which is  
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Atherosclerotic Vascular Disease: Does Treatment of Diabetic Dyslipidemia Differ in IDDM and NIDDM?

Obesity: Can It Be Treated Effectively? What is the Definition of Effective?

#### **Concurrent Workshops**

Management of Intensive Insulin Therapy in the Private Practice Setting

Educating and Training Patients in the Managed Care Setting: You Have 10 Minutes...

Economics of Diabetes: Is Intensive Management Cost-Effective? And If So, How Do You Convince Third-Party Payers?

Pancreas Transplantation: What It Can't Do, What It Can Do, and What It Might Be Able To Do

Diabetes Management: How to Be a More Culturally Sensitive Practitioner

The Intelligent Use of Carbohydrates: Is the Ban on Sugar Lifted?

1994 Nutrition Recommendations: Theory to Practice

### **SUNDAY, JANUARY 22**

#### **General Session — Prevention/ Education**

Prevention of IDDM: Is It Possible?

Should People Be Screened for Diabetes? If So, Will It Alter the Outcome?

Can Antioxidants Prevent Atherosclerotic Disease?

Diabetic Foot Disease: How Do You Screen and How Should You Intervene?

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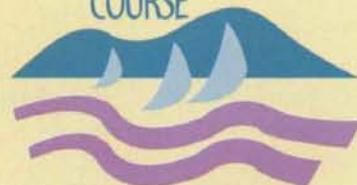
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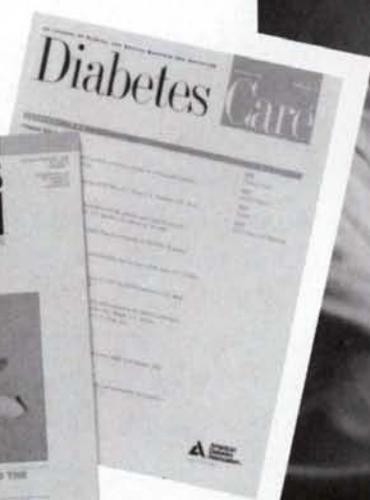
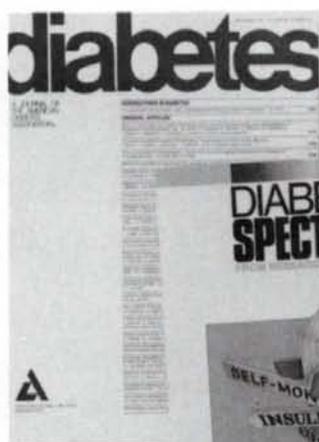
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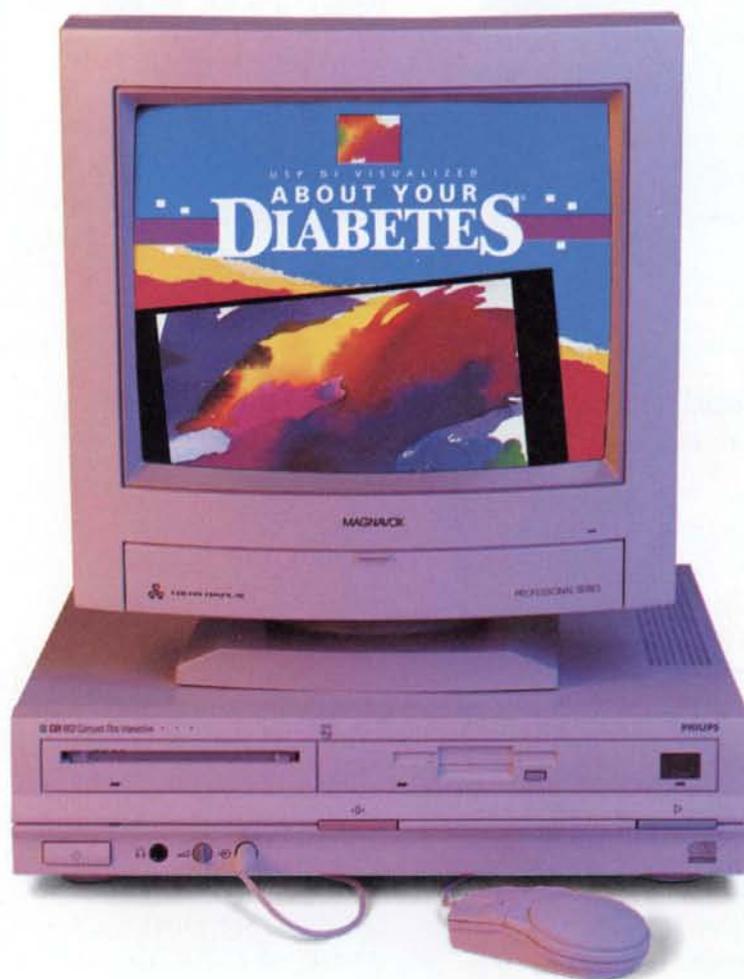


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## EDITORIAL

### Why 'Diabetes and History'?

A. J. M. Boulton

616

## HISTORY OF DIABETES

### The Quest for Normoglycaemia: A Historical Perspective

R. B. Tattersall

618

## REVIEW

### Microalbuminuria: Prognostic and Therapeutic Implications in Diabetes Mellitus

R. E. Gilbert, M. E. Cooper, P. G. McNally, R. C. O'Brien, J. Tait, G. Jerums

636

## COMMENT

### Non-insulin-dependent Diabetes Mellitus, Glucose Intolerance, Blood Pressure, Hypertension and Anti-hypertensive Drugs

R. J. Jarrett, A. P. Fitzgerald

646

## ORIGINAL ARTICLES

### Incidence of Insulin-dependent Diabetes Mellitus in Age Groups over 30 Years in Denmark

A. G. Molbak, B. Christau, B. Marner, K. Borch-Johnsen, J. Nerup

650

### Nitrate and Nitrite Intake and the Risk for Type 1 Diabetes in Finnish Children

S. M. Virtanen, L. Jaakkola, L. Räsänen, K. Ylönen, A. Aro, R. Lounamaa, H. K. Åkerblom, J. Tuomilehto and the Childhood Diabetes in Finland Study Group

656

### Cow's Milk and Type 1 Childhood Diabetes: No Increase in Risk

M. J. Bodington, P. G. McNally, A. C. Burden

663

### Relationship of Smoking and Albuminuria in Children with Insulin-dependent Diabetes

J. J. Couper, A. J. Staples, R. Cocciolone, J. Nairn, N. Badcock, P. Henning

666

### UK Prospective Diabetes Study XII: Differences Between Asian, Afro-Caribbean and White Caucasian Type 2 Diabetic Patients at Diagnosis of Diabetes

UK Prospective Diabetes Study Group

670

### Trends in Diabetes Prevalence Among Stroke Patients and the Effect of Diabetes on Stroke Survival: the Minnesota Heart Survey

J. M. Spralka, B. A. Virnig, E. Shahar, P. G. McGovern

678

### Effects of a New Oral Hypoglycaemic Agent (CS-045) on Metabolic Abnormalities and Insulin Resistance in Type 2 Diabetes

K. Mimura, F. Umeda, S. Hiramatsu, S. Taniguchi, Y. Ono, N. Nakashima, K. Kobayashi, M. Masakado, Y. Sako, H. Nawata

685

### Arterial Wall Changes in Type 2 Diabetic Subjects

G. Geroulakos, G. Ramaswami, M. G. Veller, G. M. Fisher, S. Renton, A. Nicolaides, H. A. Waldron, J. Diamond, R. S. Elkeles

692

### Pregnancy Outcome and Infant Mortality in Diabetic Patients in Sweden

S. Cnattingius, C. Berne, M.-L. Nordström

696

### Obese Patients with Type 2 Diabetes Poorly Controlled by Insulin and Metformin: Effects of Adjunctive Dextenfluramine Therapy on Glycaemic Control

K. A. Willey, L. M. Molyneaux, D. K. Yue

701

## CLINICAL PRACTICE

### Random Blood Glucose Estimation in Type 2 Diabetes: Does it Reflect Overall Glycaemic Control?

G. V. Gill, K. J. Hardy, A. W. Patrick, A. Masterson

705

### Comparison of Risk Factors for Foot Problems in Diabetic Patients Attending Teaching Hospital Outpatient Clinics in Four Different European States

A. Veves, L. Uccioli, C. Manes, K. Van Acker, H. Komninou, P. Philippides, N. Katsilambros, J. De Leeuw, G. Menzinger, A. J. M. Boulton

709

## MEETING REPORT

### BDA Report: Spring Meeting 1994, Bournemouth

M. J. Young

714

## LETTERS

### Evaluation of Glycaemic Control Limits

J. R. Paterson, H. Barrington, E. A. Malcolm, J. R. Lawrence

715

### Detection of Low-range Diabetic Microalbuminuria: Micral-Test® Revisited

M. P. Hermans, P. Selvais, M. van Ypersele de Strihou, J. M. Ketelslegers

715

DM Diary, 610 • Forthcoming Papers, 614 • 'Diabetes Care' Contents Page, 717



0742-3071(199408/09)11:7:1-4



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\*Methodology on file at Pratt Pharmaceuticals, derived from NPA Plus<sup>™</sup>, IMS America, Ltd., 1993.

Please see brief summary of prescribing information on adjacent page.



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**References:** 1. Mosen L, Moisey D, Gaffney M, Fischer J, the Nifedipine GITS Study Group. Consistent blood pressure reduction without loss of diurnal variability with once-daily nifedipine GITS treatment. *Am J Hypertens.* 1990;3(2):114A. Abstract. 2. Parmley WW, Nesto RW, Singh BN, Deanfield J, Gottlieb SO, the N-CAP Study Group. Attenuation of the circadian patterns of myocardial ischemia with nifedipine GITS in patients with chronic stable angina. *J Am Coll Cardiol.* 1992;19:1380-1389. 3. Phillips RA, Ardeljan M, Shimabukuro S, et al. Effects of nifedipine-GITS on left ventricular mass and left ventricular filling. *J Cardiovasc Pharmacol.* 1992;19 (suppl 2):S28-S34. 4. Sheu WH-H, Swistocki ALM, Hoffman B, Chen Y-DI, Reaven GM. Comparison of the effects of atenolol and nifedipine on glucose, insulin, and lipid metabolism in patients with hypertension. *Am J Hypertens.* 1991;4:199-205. 5. Reams G, Lau A, Knaus V, Bauer JH. The effect of nifedipine GITS on renal function in hypertensive patients with renal insufficiency. *J Clin Pharmacol.* 1991;31:468-472. 6. Data on file. Pfizer Inc, New York, NY.

### Brief Summary

#### PROCARDIA XL<sup>®</sup> (nifedipine) Extended Release Tablets

For Oral Use

**CONTRAINDICATIONS:** Known hypersensitivity reaction to nifedipine.

**WARNINGS: Excessive Hypotension:** Although in most angina patients the hypotensive effect of nifedipine is modest and well tolerated, occasional patients have had excessive and poorly tolerated hypotension. These responses have usually occurred during initial titration or at the time of subsequent upward dosage adjustment, and may be more likely in patients on concomitant beta blockers.

Severe hypotension and/or increased fluid volume requirements have been reported in patients receiving nifedipine together with a beta-blocking agent who underwent coronary artery bypass surgery using high dose fentanyl anesthesia. The interaction with high dose fentanyl appears to be due to the combination of nifedipine and a beta blocker, but the possibility that it may occur with nifedipine alone, with low doses of fentanyl, in other surgical procedures, or with other narcotic analgesics cannot be ruled out. In nifedipine-treated patients where surgery using high dose fentanyl anesthesia is contemplated, the physician should be aware of these potential problems and if the patient's condition permits, sufficient time (at least 36 hours) should be allowed for nifedipine to be washed out of the body prior to surgery.

The following information should be taken into account in those patients who are being treated for hypertension as well as angina:

**Increased Angina and/or Myocardial Infarction:** Rarely, patients, particularly those who have severe obstructive coronary artery disease, have developed well documented increased frequency, duration and/or severity of angina or acute myocardial infarction on starting nifedipine or at the time of dosage increase. The mechanism of this effect is not established.

**Beta Blocker Withdrawal:** It is important to taper beta blockers if possible, rather than stopping them abruptly before beginning nifedipine. Patients recently withdrawn from beta blockers may develop a withdrawal syndrome with increased angina, probably related to increased sensitivity to catecholamines. Initiation of nifedipine treatment will not prevent this occurrence and on occasion has been reported to increase it.

**Congestive Heart Failure:** Rarely, patients usually receiving a beta blocker, have developed heart failure after beginning nifedipine. Patients with tight aortic stenosis may be at greater risk for such an event, as the unloading effect of nifedipine would be expected to be of less benefit to those patients, owing to their fixed impedance to flow across the aortic valve.

**PRECAUTIONS: General—Hypotension:** Because nifedipine decreases peripheral vascular resistance, careful monitoring of blood pressure during the initial administration and titration of nifedipine is suggested. Close observation is especially recommended for patients already taking medications that are known to lower blood pressure. (See WARNINGS.)

**Peripheral Edema:** Mild to moderate peripheral edema occurs in a dose dependent manner with an incidence ranging from approximately 10% to about 30% at the highest dose studied (180 mg). It is a localized phenomenon thought to be associated with vasodilation of dependent arterioles and small blood vessels and not due to left ventricular dysfunction or generalized fluid retention. With patients whose angina or hypertension is complicated by congestive heart failure, care should be taken to differentiate this peripheral edema from the effects of increasing left ventricular dysfunction.

**Other:** As with any other non-deformable material, caution should be used when administering PROCARDIA XL in patients with preexisting severe gastrointestinal narrowing (pathologic or iatrogenic). There have been rare reports of obstructive symptoms in patients with known strictures in association with the ingestion of PROCARDIA XL.

**Laboratory Tests:** Rare, usually transient, but occasionally significant elevations of enzymes such as alkaline phosphatase, CPK, LDH, SGOT, and SGPT have been noted. The relationship to nifedipine therapy is uncertain in most cases, but probable in some. These laboratory abnormalities have rarely been associated with clinical symptoms; however, cholestasis with or without jaundice has been reported. A small (5.4%) increase in mean alkaline phosphatase was noted in patients treated with PROCARDIA XL. This was an isolated finding not associated with clinical symptoms and it rarely resulted in values which fell outside the normal range. Rare instances of allergic hepatitis have been reported. In controlled studies, PROCARDIA XL did not adversely affect serum uric acid, glucose, or cholesterol. Serum potassium was unchanged in patients receiving PROCARDIA XL in the absence of concomitant diuretic therapy, and slightly decreased in patients receiving concomitant diuretics.

Nifedipine, like other calcium channel blockers, decreases platelet aggregation *in vitro*. Limited clinical studies have demonstrated a moderate but statistically significant decrease in platelet aggregation and increase in bleeding time in some nifedipine patients. This is thought to be a function of inhibition of calcium transport across the platelet membrane. No clinical significance for these findings has been demonstrated.

Positive direct Coombs test with/without hemolytic anemia has been reported but a causal relationship between nifedipine administration and positivity of this laboratory test, including hemolysis, could not be determined.

Although nifedipine has been used safely in patients with renal dysfunction and has been reported to exert a beneficial effect in certain cases, rare reversible elevations in BUN and serum creatinine have been reported in patients with pre-existing chronic renal insufficiency. The relationship to nifedipine therapy is uncertain in most cases but probable in some.

**Drug Interactions—Beta-adrenergic blocking agents:** (See WARNINGS) Experience in over 1400 patients with Procordia<sup>®</sup> capsules in a noncomparative clinical trial has shown that concomitant administration of nifedipine and beta-blocking agents is usually well tolerated but there have been occasional literature reports suggesting that the combination may increase the likelihood of congestive heart failure, severe hypotension, or exacerbation of angina.

**Long Acting Nitrates:** Nifedipine may be safely co-administered with nitrates, but there have been no controlled studies to evaluate the antianginal effectiveness of this combination.

**Digitalis:** Administration of nifedipine with digoxin increased digoxin levels in nine of twelve normal volunteers. The average increase was 45%. Another investigator found no increase in digoxin levels in thirteen patients with coronary artery disease. In an uncontrolled study of over two hundred patients with congestive heart failure during which digoxin blood levels were not measured, digitalis toxicity was not observed. Since there have been isolated reports of patients with elevated digoxin levels, it is recommended that digoxin levels be monitored when initiating, adjusting, and discontinuing nifedipine to avoid possible over- or under-digitalization.

**Coumarin Anticoagulants:** There have been rare reports of increased prothrombin time in patients taking coumarin anticoagulants to whom nifedipine was administered. However, the relationship to nifedipine therapy is uncertain.

**Cimetidine:** A study in six healthy volunteers has shown a significant increase in peak nifedipine plasma levels (80%) and area-under-the-curve (74%), after a one week course of cimetidine at 1000 mg per day and nifedipine at 40 mg per day. Ranitidine produced smaller, non-significant increases. The effect may be mediated by the known inhibition of cimetidine on hepatic cytochrome P-450, the enzyme system probably responsible for the first-pass metabolism of nifedipine. If nifedipine therapy is initiated in a patient currently receiving cimetidine, cautious titration is advised.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** Nifedipine was administered orally to rats, for two years and was not shown to be carcinogenic. When given to rats prior to mating, nifedipine caused reduced fertility at a dose approximately 30 times the maximum recommended human dose. *In vivo* mutagenicity studies were negative.

**Pregnancy:** Pregnancy Category C. Nifedipine has been shown to be teratogenic in rats when given in doses 30 times the maximum recommended human dose. Nifedipine was embryotoxic (increased fetal resorptions, decreased fetal weight, increased stunted forms, increased fetal deaths, decreased neonatal survival) in rats, mice, and rabbits at doses of from 3 to 10 times the maximum recommended human dose. In pregnant monkeys, doses 2/3 and twice the maximum recommended human dose resulted in small placentas and underdeveloped chorionic villi. In rats, doses three times maximum human dose and higher caused prolongation of pregnancy. There are no adequate and well controlled studies in pregnant women. PROCARDIA XL<sup>®</sup> (nifedipine) Extended Release Tablets should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**ADVERSE EXPERIENCES:** Over 1000 patients from both controlled and open trials with PROCARDIA XL Extended Release Tablets in hypertension and angina were included in the evaluation of adverse experiences. All side effects reported during PROCARDIA XL Extended Release Tablet therapy were tabulated independent of their causal relation to medication. The most common side effect reported with PROCARDIA XL was edema which was dose related and ranged in frequency from approximately 10% to about 30% at the highest dose studied (180 mg). Other common adverse experiences reported in placebo-controlled trials include: headache (15.8%, compared to 9.8% placebo incidence), fatigue (5.9%, compared to 4.1% placebo incidence), dizziness (4.1%, compared to 4.5% placebo incidence), constipation (3.3%, compared to 2.3% placebo incidence), and nausea (3.3%, compared to 1.9% placebo incidence). Of these, only edema and headache were more common in PROCARDIA XL patients than placebo patients.

The following adverse reactions occurred with an incidence of less than 3.0%. With the exception of leg cramps, the incidence of these side effects was similar to that of placebo alone: *body as a whole/systemic:* asthenia, flushing, pain; *cardiovascular:* palpitations; *central nervous system:* insomnia, nervousness, paresthesia, somnolence; *dermatologic:* pruritus, rash; *gastrointestinal:* abdominal pain, diarrhea, dry mouth, dyspepsia, flatulence; *musculoskeletal:* arthralgia, leg cramps; *respiratory:* chest pain (non-specific), dyspnea; *urogenital:* impotence, polyuria.

Other adverse reactions were reported sporadically with an incidence of 1.0% or less. These include: *body as a whole/systemic:* face edema, fever, hot flashes, malaise, periorbital edema, rigors; *cardiovascular:* arrhythmia, hypotension, increased angina, tachycardia, syncope; *central nervous system:* anxiety, alaxia, decreased libido, depression, hypertonia, hyposthesia, migraine, parosmia, tremor, vertigo; *dermatologic:* alopecia, increased sweating, urticaria, purpura; *gastrointestinal:* eructation, gastro-esophageal reflux, gum hyperplasia, melena, vomiting, weight increase; *musculoskeletal:* back pain, gout, myalgias; *respiratory:* coughing, epistaxis, upper respiratory tract infection, respiratory disorder, sinusitis; *special senses:* abnormal lacrimation, abnormal vision, taste perversion, tinnitus; *urogenital/reproductive:* breast pain, dysuria, hematuria, nocturia.

Adverse experiences which occurred in less than 1 in 1000 patients cannot be distinguished from concurrent disease states or medications.

The following adverse experiences, reported in less than 1% of patients, occurred under conditions (e.g., open trials, marketing experience) where a causal relationship is uncertain: gastrointestinal irritation, gastrointestinal bleeding.

In multiple-dose U.S. and foreign controlled studies with nifedipine capsules in which adverse reactions were reported spontaneously, adverse effects were frequent but generally not serious and rarely required discontinuation of therapy or dosage adjustment. Most were expected consequences of the vasodilator effects of Procordia. Adverse experiences reported in placebo-controlled trials include: dizziness, lightheadedness, and giddiness (27%, compared to 15% placebo incidence); flushing, heat sensation (25%, compared to 8% placebo incidence); headache (23%, compared to 20% placebo incidence); weakness (12%, compared to 10% placebo incidence); nausea, heartburn (11%, compared to 8% placebo incidence); muscle cramps, tremor (8%, compared to 3% placebo incidence); peripheral edema (7%, compared to 1% placebo incidence); nervousness, mood changes (7%, compared to 4% placebo incidence); palpitation (7%, compared to 5% placebo incidence); dyspnea, cough, and wheezing (6%, compared to 3% placebo incidence); and nasal congestion, sore throat (6%, compared to 8% placebo incidence).

There is also a large uncontrolled experience in over 2100 patients in the United States. Most of the patients had vasospastic or resistant angina pectoris, and about half had concomitant treatment with beta-adrenergic blocking agents. The relatively common adverse events were similar in nature to those seen with PROCARDIA XL.

In addition, more serious adverse events were observed, not readily distinguishable from the natural history of the disease in these patients. It remains possible, however, that some or many of these events were drug related. Myocardial infarction occurred in about 4% of patients and congestive heart failure or pulmonary edema in about 2%.

Ventricular arrhythmias or conduction disturbances each occurred in fewer than 0.5% of patients. In a subgroup of over 1000 patients receiving Procordia with concomitant beta blocker therapy, the pattern and incidence of adverse experiences was not different from that of the entire group of Procordia treated patients (See PRECAUTIONS.)

In a subgroup of approximately 250 patients with a diagnosis of congestive heart failure as well as angina, dizziness or lightheadedness, peripheral edema, headache or flushing each occurred in one in eight patients. Hypotension occurred in about one in 20 patients. Syncope occurred in approximately one patient in 250. Myocardial infarction or symptoms of congestive heart failure each occurred in about one patient in 15. Atrial or ventricular dysrhythmias each occurred in about one patient in 150.

In post-marketing experience, there have been rare reports of exfoliative dermatitis caused by nifedipine.

More detailed professional information available on request.

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***Clinical Diabetes***—for the primary-care physician as well as other health-care professionals, this newsletter offers articles and abstracts highlighting recent advances in diabetes treatment.

***Diabetes Forecast***—ADA's magazine for patients and their families features advice on diet, exercise, and other lifestyle changes, plus the latest developments in new technology and research. It is a valuable tool for patient education.

***1995 Scientific Sessions Abstract Book***—given out at the door to all Scientific Sessions attendees, the *Abstract Book* is available through the mail, for a small fee, if you want to receive an advance copy or are unable to attend the meeting.

### Professional Section Report

This quarterly newsletter highlights Professional Section events and other ADA news.

### FREE Council Membership

Professional Section Councils give you an opportunity to network

with members from different specialties who share your interest in a specific area of diabetes research or care. One free Council membership is included with your membership. Additional Council memberships are available for \$25 each.

### Membership Directory Listing

Your link to a valuable network of more than ten thousand diabetes experts. Locate your colleagues by specialty, location, and Professional Section Council membership.

### Eligibility for ADA Research Grants and Awards

An exclusive benefit. Only members of the Professional Section are eligible to receive ADA grants that support diabetes research. In addition, annual awards are presented to physicians, diabetes educators, and researchers to honor outstanding performance.

### Discounts on ADA Scientific and Medical Programs

Save on registration for ADA's Scientific Sessions, Postgraduate Course, and ADA-sponsored symposia. ADA meetings are accredited for CME credits.

### Local Affiliate Membership

Your Professional Section membership also entitles you to membership in your local ADA affiliate where you can participate in patient and professional education programs, network with other professionals, and actively participate in shaping the future of ADA.

### Clinical Practice Recommendations

This extensive guide details the current ADA standards of clinical care. The position statements and technical reviews in *Clinical Practice Recommendations* are convenient and important resources for all health-care professionals who care for people with diabetes.



# THE AMERICAN DIABETES ASSOCIATION 54TH ANNUAL MEETING - NEW ORLEANS AUDIO CASSETTES

Selected sessions at this year's ADA Annual Convention are now available through AVW Audio Visual, Inc. You may order your selections by simply placing an "X" in the appropriate box next to the session you wish to order. Then send the order by mail or fax to the address or the fax number below. All orders must be prepaid. Please make sure to include all information for proper shipping (i.e. phone, etc.)

## PROFESSIONAL SECTION COUNCIL PROGRAMS

|                          |  | # of tapes<br>in session | Price   |
|--------------------------|--|--------------------------|---------|
| <input type="checkbox"/> | ADA4 - 01 Council on Clinical Endocrinology, Diabetes and Metabolism .....   | 2T                       | \$19.00 |
| <input type="checkbox"/> | ADA4 - 02 Council on Diabetes in Pregnancy ( <i>Does Not Include: John O'Sullivan or Edward Ogata</i> ) .....                                    | 2T                       | \$19.00 |
| <input type="checkbox"/> | ADA4 - 03 Council on Diabetes in Youth .....   | 3T                       | \$28.50 |
| <input type="checkbox"/> | ADA4 - 04 Council on Education .....   | 2T                       | \$19.00 |
| <input type="checkbox"/> | ADA4 - 05 Council on Foot Care .....   | 3T                       | \$28.50 |
| <input type="checkbox"/> | ADA4 - 06 Council on Health Care Delivery and Public Health ( <i>Does Not Include: William Herman</i> ) .....                                    | 1T                       | \$9.50  |
| <input type="checkbox"/> | ADA4 - 07 Joint Session with the Council on Health Care and Public Health & The Council on Clinical Endocrinology, Diabetes and Metabolism ..... | 1T                       | \$9.50  |
| <input type="checkbox"/> | ADA4 - 08 Council on Behavioral Medicine and Psychology .....  | 2T                       | \$19.00 |
| <input type="checkbox"/> | ADA4 - 09 Council on Complications .....   | 2T                       | \$19.00 |
| <input type="checkbox"/> | ADA4 - 10 Council on Epidemiology and Statistics ( <i>Does Not Include: William Knowler</i> ) .....  | 3T                       | \$28.50 |
| <input type="checkbox"/> | ADA4 - 11 Council on Exercise .....  | 2T                       | \$19.00 |
| <input type="checkbox"/> | ADA4 - 12 Council on Molecular, Cellular and Biochemical Aspects of Diabetes .....   | 2T                       | \$19.00 |
| <input type="checkbox"/> | ADA4 - 13 Council on Nutrition Science and Metabolism ( <i>Does Not Include: Arshag Mooradian</i> ) .....  | 3T                       | \$28.50 |

## CONCURRENT SYMPOSIA

|                          |   |    |         |
|--------------------------|---|----|---------|
| <input type="checkbox"/> | ADA4 - 14 Strategies for Finding the Diabetes Gene ( <i>Does Not Include: Eric Lander</i> ) .....   | 1T | \$9.50  |
| <input type="checkbox"/> | ADA4 - 15 The Energy Balance Equation .....   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 28 Is A Dyslipidemia Intrinsic to the Etiology of NIDDM? .....   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 29 Small GTP Binding Proteins: Potential Role in Insulin Action and Insulin Secretion ( <i>Does Not Include: Y. LeMarchant</i> ) ..... | 1T | \$9.50  |
| <input type="checkbox"/> | ADA4 - 30 Hypoglycemia: Critical Issues In Diabetes Management .....  | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 46 Insulin Resistance and Hypertension: A Second Look .....  | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 47 Animal Models of Obesity and Diabetes .....   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 48 Changing Behavior (Tuesday - 8:15am-10:15am) .....  | 2T | \$19.00 |

## CONCURRENT ORAL PRESENTATIONS

|                          |   |    |         |
|--------------------------|---|----|---------|
| <input type="checkbox"/> | ADA4 - 16 Signal Transduction ( <i>Does Not Include: Lynn Kozma # 7</i> ) (ABSTRACTS - 1-8).....                                    | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 17 Immunology (Sunday - ABSTRACTS 9-16) .....  | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 18 Psychosocial/Behavioral Medicine (ABSTRACTS 17-24) .....  | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 19 Insulin Secretion (ABSTRACTS - 25-32) .....   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 20 Insulin Action (Sunday - ABSTRACTS 33-40).....  | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 21 Complications, Neuropathy (ABSTRACTS - 41-48) .....   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 22 Education (ABSTRACTS 49-56) .....   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 23 Immunogenetics/Immunology (Includes State-of-the-Art Lecture: The Genetics of Antigen Presentation) (ABST. - 57-62) ..... | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 31 Metabolism, in vivo, humans ( <i>Does Not Include: Jong-Hee Hwang # 238</i> ) (ABSTRACTS 231-241) .....                   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 32 Lipids/Complications, Macrovascular ( <i>Does Not Include: Galen Pleper #249</i> ) (ABSTRACTS - 242-248).....             | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 33 Treatment of Diabetes: Clinical Diabetes (ABSTRACTS 250-257) .....  | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 34 Signal Transduction (ABSTRACTS - 258-265) .....   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 35 Health Care Delivery (ABSTRACTS - 266-273) .....  | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 36 Nutrition ( <i>Does Not Include: Michael Schwartz #280</i> ) (ABSTRACTS - 274-281).....                                   | 2T | \$19.00 |
| <input type="checkbox"/> | ADA4 - 37 Insulin Synthesis/Secretion (ABSTRACTS - 282-289) .....   | 2T | \$19.00 |

## CONCURRENT ORAL PRESENTATIONS (continued)

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|---|--------------------------|---------|
| <input type="checkbox"/> ADA4 - 38 Immunology (Includes State-of-the-Art Lecture: Tolerance to <i>B-Cell Autoantigens</i> ) (ABSTRACTS - 290-295) ..... | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 49 Metabolism, in vivo, animals ( <i>Does Not Include: Dana Sindelar #418</i> ) (ABSTRACTS - 416-423) .....             | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 50 Pregnancy (ABSTRACTS - 424-431) .....  | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 51 Transplantation (ABSTRACTS - 432-439) .....  | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 52 Hypoglycemia (Tuesday - ABSTRACTS - 440-447) .....   | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 53 Insulin Action ( <i>Does Not Include: Akifumi Ando #449</i> ) (Tuesday - ABSTRACTS - 448-455) .....                  | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 54 Complications, Nephropathy & Retinopathy (ABSTRACTS - 456-463) .....   | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 55 Epidemiology (Tuesday - ABSTRACTS - 464-471) .....   | 2T                       | \$19.00 |
| <input type="checkbox"/> ADA4 - 56 Immunology (Includes State-of-the-Art Lecture: Prediction of IDDM) (Tuesday - ABSTRACTS 472-477) .....               | 2T                       | \$19.00 |

## CONCURRENT WORKSHOPS

|   |    |         |
|---|----|---------|
| <input type="checkbox"/> ADA4 - 24 Initiation of Intensive Insulin Therapy .....              | 1T | \$9.50  |
| <input type="checkbox"/> ADA4 - 39 Hypoglycemia (Monday - 1:30PM - 3:30PM) .....              | 2T | \$19.00 |
| <input type="checkbox"/> ADA4 - 40 Therapeutic Choices in NIDDM .....                         | 2T | \$9.50  |
| <input type="checkbox"/> ADA4 - 41 Treatment of Lipid Disorders in Diabetes .....             | 1T | \$9.50  |
| <input type="checkbox"/> ADA4 - 57 Changing Behavior (Tuesday - 1:30pm-3:30pm).....           | 1T | \$9.50  |
| <input type="checkbox"/> ADA4 - 58 Education Programs for Intensive Diabetes Management ..... | 1T | \$9.50  |

## CONCURRENT POSTER DISCUSSION SESSIONS

|   |    |         |
|---|----|---------|
| <input type="checkbox"/> ADA4 - 25 Access to Care (Abstracts - 101, 96,88,95,98,97,102,99) .....  | 1T | \$9.50  |
| <input type="checkbox"/> ADA4 - 26 Epidemiology (Sunday - ABSTRACTS - 63 - 72) .....  | 1T | \$9.50  |
| <input type="checkbox"/> ADA4 - 42 Complications (Abstracts - 187 - 189, 346-347, 332, 326, 319, 105) ( <i>Does Not Include: Kelle Faulk #111</i> ) ..... | 2T | \$19.00 |
| <input type="checkbox"/> ADA4 - 43 Insulin Action (Monday - ABSTRACTS - 369, 370, 232, 380) .....   | 1T | \$9.50  |
| <input type="checkbox"/> ADA4 - 59 Glucose Signaling of Insulin Secretion (Abstracts - 559-567) .....   | 2T | \$19.00 |
| <input type="checkbox"/> ADA4 - 60 Forms of Therapy/New Technology (Abstracts - 192, 505, 503, 498, 511, 196, 201, 198, 200, 199) .....                   | 2T | \$19.00 |

## SPECIAL SESSIONS, SYMPOSIUM & LECTURES

|   |    |        |
|---|----|--------|
| <input type="checkbox"/> ADA4 - 27 President's Address & Banquet Lecture .....                                    | 1T | \$9.50 |
| <input type="checkbox"/> ADA4 - 44 Lilly Lecture .....  | 1T | \$9.50 |
| <input type="checkbox"/> ADA4 - 45 Symposium: American Diabetes Association Nutrition Recommendations: 1994 ..... | 1T | \$9.50 |

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