

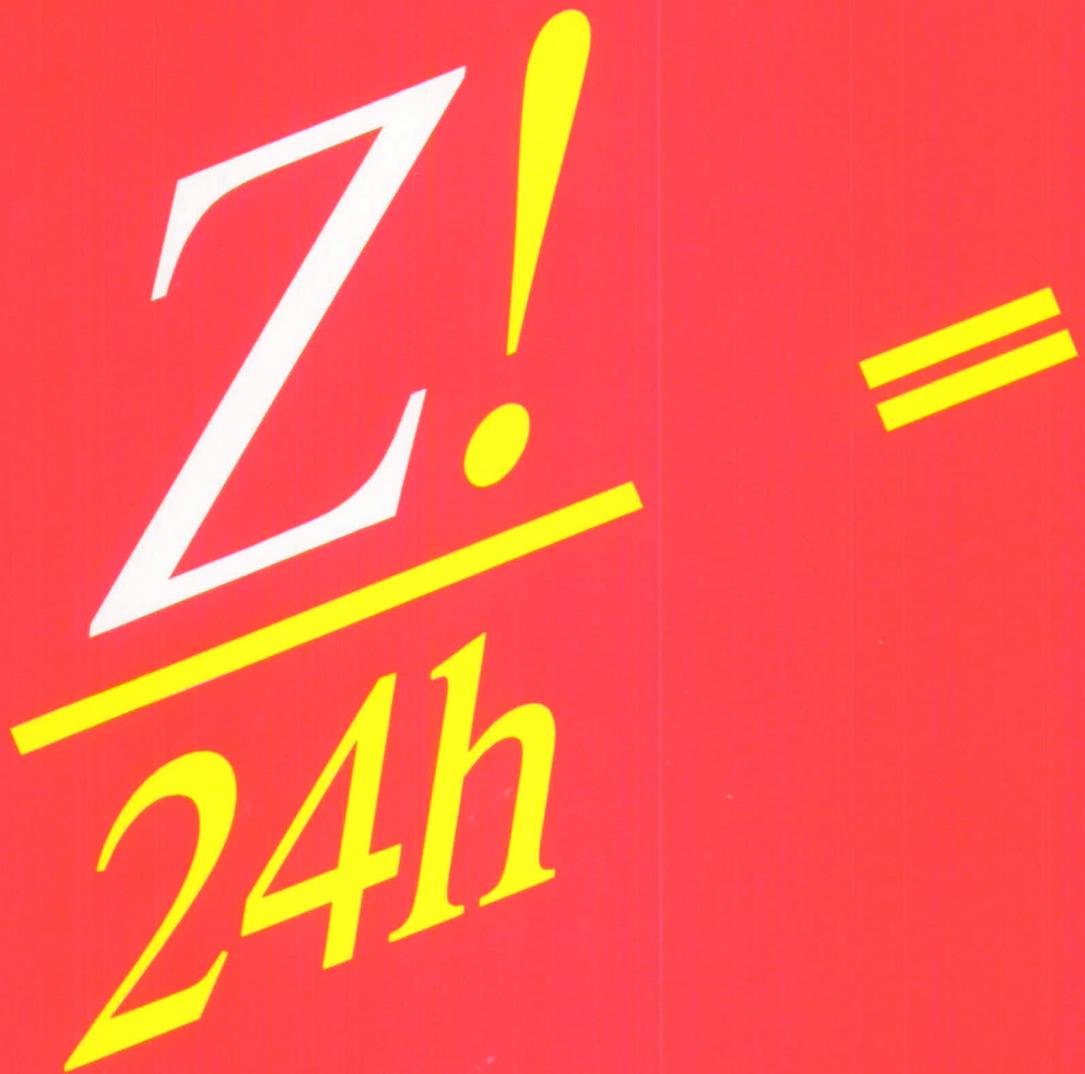
ONCE-DAILY  
**ZESTRIL®**  
LISINOPRIL-STUART

*sustained BP control  
over 24 hours\**

Z!  
—  
24h

\*The antihypertensive effect may diminish  
at the end of the dosing interval.  
Please see last page of this advertisement  
for brief summary of prescribing information.

ONCE-DAILY  
**ZESTRIL®**  
LISINOPRIL-STUART



\*The antihypertensive effect may diminish at the end of the dosing interval.

†Data derived from a multicenter, double-blind study involving 35 patients with mild-to-moderate hypertension treated with ZESTRIL over a 4-8 week period (baseline office diastolic blood pressure [BP] ≥ 95 mm Hg and ≤ 114 mm Hg) in which BP assessments were made in the office as the primary efficacy endpoint, and by 24-hour ambulatory BP monitoring. Once-daily ZESTRIL (10 mg, 20 mg, 40 mg) was titrated every 2 weeks according to whether office diastolic BP achieved a reduction to < 90 mm Hg or ≥ 10 mm Hg from baseline. If such a reduction occurred after 2 weeks on a dose, a patient remained on that dose to the end of treatment for 2 additional weeks. If a patient did not achieve such a reduction on any of the 3 study doses, treatment was ended after 2 weeks on the maximum dose. Twenty-four-hour ambulatory BP monitoring was performed at pretreatment baseline and at the end of treatment.

‡The long-term prognostic significance of blood pressure control determined by ambulatory BP monitoring has yet to be confirmed.

Please see last page of this advertisement for brief summary of prescribing information.

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# sustained BP control\*

## OFFICE BP MEASUREMENTS

### Once-daily ZESTRIL significantly reduced office BP<sup>††</sup>

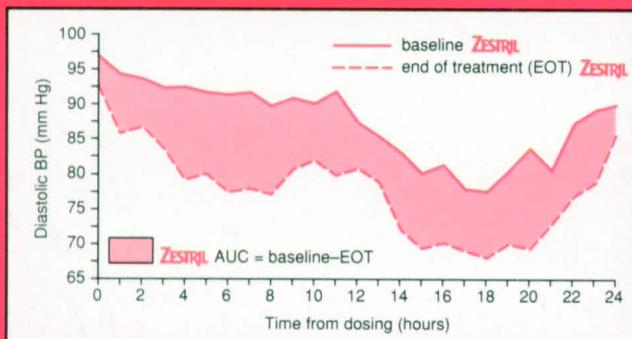
Once-daily ZESTRIL reduced diastolic office BP measurements by 11.4 mm Hg ( $P < .05$ ) and systolic office BP measurements by 10.4 mm Hg ( $P < .05$ ), comparing baseline to end of treatment<sup>†</sup>

## AMBULATORY BP MEASUREMENTS

### 24-hour control of BP with once-daily ZESTRIL<sup>†</sup>

24-hour ambulatory BP monitoring<sup>‡</sup> confirmed that once-daily ZESTRIL tablets 10-40 mg sustained significant BP reduction in both systolic ( $P < .05$ ) and diastolic ( $P < .05$ ) area under the curve (AUC) measurements<sup>†</sup>

**Ambulatory BP measurements (diastolic):  
Pretreatment baseline vs end of treatment (4-8 weeks)<sup>†</sup>**



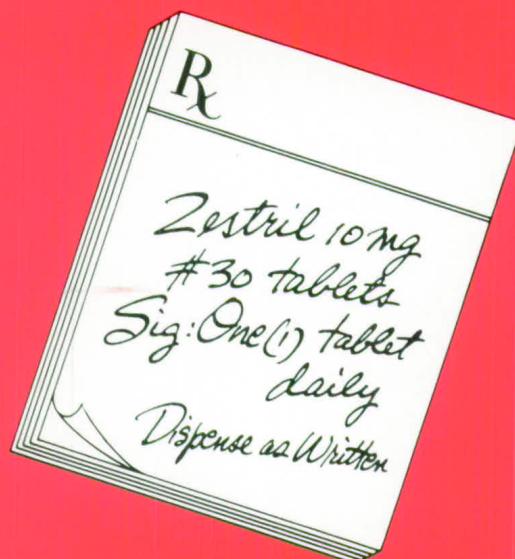
ONCE-DAILY  
**ZESTRIL!**  
LISINOPRIL-STUART

ONCE-DAILY  
**ZESTRIL®**  
LISINOPRIL-STUART

**The 24-hour\* simplified regimen**

**Once-daily ZESTRIL offers dosage options...**

- ◀ Usual starting dose: 10 mg q.d.
  - ◀ Usual maintenance dose: 20-40 mg q.d.
- ...and multiple strengths**
- ◀ ZESTRIL is available in 5 mg (scored), 10 mg, 20 mg, and 40 mg tablets



Evaluation of the hypertensive patient should always include assessment of renal function (see Dosage and Administration).

Angioedema has been reported with ACE inhibitors, including ZESTRIL (see Warnings).

\*The antihypertensive effect may diminish at the end of the dosing interval.

**Reference:** 1. Data on file, Stuart Pharmaceuticals, Wilmington, Delaware.

 **STUART PHARMACEUTICALS**  
A business unit of ICI Americas Inc.  
Wilmington, Delaware 19897 USA

**Z!  
—  
24h**

# ZESTRIL® 5 mg, 10 mg, 20 mg, 40 mg tablets

## (LISINOPRIL)

(FOR FULL PRESCRIBING INFORMATION, SEE PACKAGE INSERT.)

**INDICATIONS AND USAGE:** ZESTRIL is indicated for the treatment of hypertension. It may be used alone as initial therapy or concomitantly with other classes of antihypertensive agents.

In using ZESTRIL, consideration should be given to the fact that another angiotensin converting enzyme inhibitor, captopril, has caused agranulocytosis, particularly in patients with renal impairment or collagen vascular disease, and that available data are insufficient to show that ZESTRIL does not have a similar risk. (See WARNINGS.)

**CONTRAINDICATIONS:** ZESTRIL is contraindicated in patients who are hypersensitive to this product and in patients with a history of angioedema related to previous treatment with an angiotensin converting enzyme inhibitor.

**WARNINGS:** **Angioedema:** Angioedema of the face, extremities, lips, tongue, glottis and/or larynx has been reported in patients treated with angiotensin converting enzyme inhibitors, including ZESTRIL. In such cases, ZESTRIL should be promptly discontinued and appropriate therapy and monitoring should be provided until complete and sustained resolution of signs and symptoms has occurred. In instances where swelling has been confined to the face and lips the condition has generally resolved without treatment, although antihistamines have been useful in relieving symptoms. Angioedema associated with laryngeal edema may be fatal. Where there is involvement of the tongue, glottis or larynx likely to cause airway obstruction, appropriate therapy, e.g., subcutaneous epinephrine injection 1:1000 (0.3 mL to 0.5 mL) and/or measures necessary to ensure a patent airway should be promptly provided. (See ADVERSE REACTIONS.)

**Hypotension:** Excessive hypotension was rarely seen in uncomplicated hypertensive patients but is a possible consequence of the use with ZESTRIL in salt/volume-depleted persons, such as those treated vigorously with diuretics or patients on dialysis. (See PRECAUTIONS, Drug Interactions and ADVERSE REACTIONS.) In patients with severe congestive heart failure, with or without associated renal insufficiency, excessive hypotension has been observed and may be associated with oliguria and/or progressive azotemia, and rarely with acute renal failure and/or death. Because of the potential fall in blood pressure in these patients, therapy should be started under very close medical supervision. Such patients should be followed closely for the first two weeks of treatment and whenever the dose of ZESTRIL and/or diuretic is increased. Similar considerations apply to patients with ischemic heart or cerebrovascular disease in whom an excessive fall in blood pressure could result in a myocardial infarction or cerebrovascular accident.

If hypotension occurs, the patient should be placed in supine position and, if necessary, receive an intravenous infusion of normal saline. A transient hypotensive response is not a contraindication to further doses which usually can be given without difficulty once the blood pressure has increased after volume expansion.

**Neutropenia/Agranulocytosis:** Another angiotensin converting enzyme inhibitor, captopril, has been shown to cause agranulocytosis and bone marrow depression, rarely in uncomplicated patients but more frequently in patients with renal impairment especially if they also have a collagen vascular disease. Available data from clinical trials of ZESTRIL are insufficient to show that ZESTRIL does not cause agranulocytosis at similar rates. Marketing experience has revealed rare cases of neutropenia and bone marrow depression in which a causal relationship to lisinopril cannot be excluded. Periodic monitoring of white blood cell counts in patients with collagen vascular disease and renal disease should be considered.

**Fetal/Neonatal Mortality and Morbidity:** ACE inhibitors, including ZESTRIL, can cause fetal and neonatal morbidity and mortality when administered to pregnant women.

Lisinopril crosses the human placenta. When ACE inhibitors have been used during the second and third trimesters of pregnancy, there have been reports of hypotension, renal failure, skull hypoplasia, and/or death in the newborn. Oligohydramnios has also been reported, presumably representing decreased renal function in the fetus; limb contractures, craniofacial deformities, hypoplastic lung development and intrauterine growth retardation have been reported in association with oligohydramnios. Patients who do require ACE inhibitors during the second and third trimesters of pregnancy should be apprised of the potential hazards to the fetus, and frequent ultrasound examinations should be performed to look for oligohydramnios. If oligohydramnios is observed, ZESTRIL should be discontinued unless it is considered life-saving for the mother.

Other potential risks to the fetus/neonate exposed to ACE inhibitors include: intrauterine growth retardation, prematurity, patent ductus arteriosus; fetal death has also been reported. It is not clear, however, whether these reported events are related to ACE inhibition or the underlying maternal disease. It is not known whether exposure limited to the first trimester can adversely affect fetal outcome.

Infants exposed in utero to ACE inhibitors should be closely monitored for hypotension, oliguria, and hyperkalemia. If oliguria occurs, attention should be directed toward support of blood pressure and renal perfusion.

Another ACE inhibitor, enalapril, has been removed from the neonatal circulation by peritoneal dialysis and theoretically may be removed by exchange transfusion, although there is no experience with the latter procedure. There is no experience with either of these procedures for removing lisinopril or other ACE inhibitors from the neonatal circulation.

Lisinopril was not teratogenic in mice treated on days 6-15 of gestation with up to 1,000 mg/kg/day (625 times the maximum recommended human dose). There was an increase in fetal resorptions at doses down to 100 mg/kg; at doses of 1,000 mg/kg this was prevented by saline supplementation. There was no fetotoxicity or teratogenicity in rats treated with up to 300 mg/kg/day (188 times the maximum recommended dose) of lisinopril at days 6-17 of gestation. In rats receiving lisinopril from day 15 of gestation through day 21 postpartum, there was an increased incidence in pup deaths on days 2-7 postpartum and a lower average body weight of pups on day 21 postpartum. The increase in pup deaths and decrease in pup weight did not occur with maternal saline supplementation.

Lisinopril, at doses up to 1 mg/kg/day, was not teratogenic when given throughout the organogenic period in saline supplemented rabbits. Saline supplementation (physiological saline in place of tap water) was used to eliminate maternotoxic effects and enable evaluation of the teratogenic potential at the highest possible dosage level. The rabbit has been shown to be extremely sensitive to angiotensin converting enzyme inhibitors (captopril and enalapril) with maternal and fetotoxic effects apparent at or below the recommended therapeutic dosage levels in man.

Fetotoxicity was demonstrated in rabbits by increased incidence of fetal resorptions at an oral dose of lisinopril of 1 mg/kg/day and by an increased incidence of incomplete ossification at the lowest dose tested (0.1 mg/kg/day). A single intravenous dose of 15 mg/kg of lisinopril administered to pregnant rabbits on gestation days 16, 21 or 26 resulted in 88% to 100% fetal death.

If ZESTRIL is used during pregnancy or if the patient becomes pregnant while taking ZESTRIL, the patient should be apprised of the potential hazard to the fetus.

**PRECAUTIONS: General: Impaired Renal Function:** As a consequence of inhibiting the renin-angiotensin-aldosterone system, changes in renal function may be anticipated in susceptible individuals. In patients with severe congestive heart failure whose renal function may depend on the activity of the renin-angiotensin-aldosterone system, treatment with angiotensin converting enzyme inhibitors, including ZESTRIL, may be associated with oliguria and/or progressive azotemia and rarely with acute renal failure and/or death.

In hypertensive patients with unilateral or bilateral renal artery stenosis, increases in blood urea nitrogen and serum creatinine may occur. Experience with another angiotensin converting enzyme inhibitor suggests that these increases are usually reversible upon discontinuation of ZESTRIL and/or diuretic therapy. In such patients, renal function should be monitored during the first few weeks of therapy.

Some hypertensive patients with no apparent pre-existing renal vascular disease have developed increases in blood urea nitrogen and serum creatinine, usually minor and transient, especially when ZESTRIL has been given concomitantly with a diuretic. This is most likely to occur in patients with pre-existing renal impairment. Dosage reduction of ZESTRIL and/or discontinuation of the diuretic may be required.

Evaluation of the hypertensive patient should always include assessment of renal function. (See DOSAGE AND ADMINISTRATION.)

**Hypokalemia:** In clinical trials hypokalemia (serum potassium greater than 5.7 mEq/L) occurred in approximately 2.2% of hypertensive patients and 4.0% of patients with congestive heart failure. In most cases these were isolated values which resolved despite continued therapy. Hypokalemia was a cause of discontinuation of therapy in approximately 0.1% of hypertensive patients. Risk factors for the development of hypokalemia include renal insufficiency, diabetes mellitus, and the concomitant use of potassium-sparing diuretics, potassium supplements and/or potassium-containing salt substitutes, which should be used cautiously. If at all, with ZESTRIL. (See Drug Interactions.)

Cough: Cough has been reported with the use of ACE inhibitors. Characteristically, the cough is nonproductive, persistent and resolves after discontinuation of therapy. ACE inhibitor-induced cough should be considered as part of the differential diagnosis of cough.

**Surgery/Anesthesia:** In patients undergoing major surgery or during anesthesia with agents that produce hypotension, ZESTRIL may block angiotensin II formation secondary to compensatory renin release. If hypotension occurs and is considered to be due to this mechanism, it can be corrected by volume expansion.

**Information for Patients: Angioedema:** Angioedema, including laryngeal edema, may occur especially following the first dose of ZESTRIL. Patients should be advised to report immediately any signs or symptoms suggesting angioedema (swelling of face, extremities, eyes, lips, tongue, difficulty in swallowing or breathing) and to take no more drug until they have consulted with their physician.

**Symptoms of Hypoglycemia:** Patients should be cautioned to report lightheadedness especially during the first few days of therapy. If actual hypoglycemia occurs, the patient should be told to discontinue the drug until they have consulted with the prescribing physician.

All patients should be cautioned that excessive perspiration and dehydration may lead to an excessive fall in blood pressure because of reduction in fluid volume. Other causes of volume depletion such as vomiting or diarrhea may also lead to a fall in blood pressure; patients should be advised to consult with their physician.

**Hypokalemia:** Patients should be told not to use salt substitutes containing potassium without consulting their physician.

**Neutropenia:** Patients should be told to report promptly any indication of infection (eg, sore throat, fever) which may be a sign of neutropenia.

**NOTE:** As with many other drugs, certain advice to patients being treated with ZESTRIL is warranted. This information is intended to aid in the safe and effective use of this medication. It is not a disclosure of all possible adverse or intended effects.

**DRUG INTERACTIONS:** **Hypotension - Patients on Diuretic Therapy:** Patients on diuretics and especially those in whom diuretic therapy was recently instituted, may occasionally experience an excessive reduction of blood pressure after initiation of therapy with ZESTRIL. The possibility of hypotensive effects with ZESTRIL can be minimized by either discontinuing the diuretic or increasing the salt intake prior to initiation of treatment with ZESTRIL. If it is necessary to continue the diuretic, initiate therapy with ZESTRIL at a dose of 5 mg daily, and provide close medical supervision after the initial dose for at least two hours and until blood pressure has stabilized for at least one additional hour. (See WARNINGS, and DOSAGE AND ADMINISTRATION.) When a diuretic is added to the therapy of a patient receiving ZESTRIL, an additional antihypertensive effect is usually observed. Studies with ACE inhibitors in combination with diuretics indicate that the dose of the ACE inhibitor can be reduced when it is given with a diuretic. (See DOSAGE AND ADMINISTRATION.)

**Indometacin:** In a study in 36 patients with mild to moderate hypertension where the antihypertensive effects of ZESTRIL alone were compared to ZESTRIL given concomitantly with indometacin, the use of indometacin was associated with a reduced effect, although the difference between the two regimens was not significant.

**Other Agents:** ZESTRIL has been used concomitantly with nitrates and/or digoxin without evidence of clinically significant adverse interactions. No clinically important pharmacokinetic interactions occurred when ZESTRIL was used concomitantly with propranolol or hydrochlorothiazide. The presence of food in the stomach does not alter the bioavailability of ZESTRIL.

**Agents Increasing Serum Potassium:** ZESTRIL attenuates potassium loss caused by thiazide-type diuretics. Use of ZESTRIL with potassium-sparing diuretics (triamterene, amiloride, potassium supplements, potassium-containing salt substitutes) may lead to significant increases in serum potassium. Therefore, if concomitant use of these agents is indicated because of demonstrated hypokalemia, they should be used with caution and with frequent monitoring of serum potassium.

**Lithium:** Lithium toxicity has been reported in patients receiving lithium with drugs which cause elimination of sodium, including ACE inhibitors. Lithium toxicity was usually reversible upon discontinuation of both drugs. It is recommended that serum lithium levels be monitored frequently if ZESTRIL is administered concomitantly with lithium.

**Carcinogenesis, Mutagenesis, Impairment of Fertility:** There was no evidence of a tumorigenic effect when lisinopril was administered for 105 weeks to male and female rats at doses up to 90 mg/kg/day (about 56 times\* the maximum recommended daily human dose) or when lisinopril was administered for 92 weeks to (male and female) mice at doses up to 135 mg/kg/day (about 84 times\* the maximum recommended daily human dose).

\*Based on patient weight of 50 kg.

## Zestril® (lisinopril)

Lisinopril was not mutagenic in the Ames microbial mutagen test with or without metabolic activation. It was also negative in a forward mutation assay using Chinese hamster V79 cells. Lisinopril did not produce single strand DNA breaks in an *in vitro* alkaline elution rat hepatocyte assay. In addition, lisinopril did not produce increases in chromosomal aberrations in an *in vitro* test in Chinese hamster ovary cells or in an *in vivo* assay in mouse bone marrow.

There were no adverse effects on reproductive performance in male and female rats treated with up to 300 mg/kg/day of lisinopril.

**Pregnancy Category D. See WARNINGS, Fetal/Neonatal Mortality and Mortality.**

**Milk:** Milk of lactating rats contains radioactivity following administration of <sup>14</sup>C-lisinopril. It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when ZESTRIL is given to a nursing mother.

**Pediatric Use:** Safety and effectiveness in children have not been established.

**ADVERSE REACTIONS:** ZESTRIL has been found to be generally well tolerated in controlled clinical trials involving 2003 patients and subjects.

The most frequent clinical adverse experiences in controlled trials with ZESTRIL were dizziness (6.3%), headache (5.3%), fatigue (3.3%), diarrhea (3.2%), upper respiratory symptoms (3.0%), and cough (2.9%), all of which were more frequent than in placebo-treated patients. For the most part, adverse experiences were mild and transient in nature. Discontinuation of therapy was required in 6.0% of patients. In clinical trials, the overall frequency of adverse experiences could not be related to total daily dosage in the recommended therapeutic dosage range.

For adverse experiences which occurred in more than 1% of patients and subjects treated with ZESTRIL or ZESTRIL plus hydrochlorothiazide in controlled clinical trials, comparative incidence data are listed in the table below.

Percent of Patients in Controlled Studies			
	ZESTRIL (n=2003) Incidence (discontinuation)	ZESTRIL/ Hydrochlorothiazide (n=644) Incidence (discontinuation)	Placebo (n=207) Incidence
Dizziness	6.3 (0.6)	9.0 (0.9)	1.9
Headache	5.3 (0.2)	4.3 (0.5)	1.9
Fatigue	3.3 (0.2)	3.9 (0.5)	1.0
Diarrhea	3.2 (0.3)	2.6 (0.3)	2.4
Upper Respiratory Symptoms	3.0 (0.0)	4.5 (0.0)	0.0
Cough	2.9 (0.4)	4.5 (0.8)	1.0
Nausea	2.3 (0.3)	2.5 (0.2)	2.4
Hypotension	1.8 (0.8)	1.6 (0.5)	0.5
Rash	1.5 (0.4)	1.6 (0.2)	0.5
Orthostatic Effects	1.4 (0.0)	3.4 (0.2)	1.0
Asthenia	1.3 (0.4)	2.0 (0.2)	1.0
Chest Pain	1.3 (0.1)	1.2 (0.2)	1.4
Vomiting	1.3 (0.2)	1.4 (0.0)	0.5
Dyspnea	1.1 (0.0)	0.5 (0.2)	1.4
Dyspepsia	1.0 (0.0)	1.9 (0.0)	0.0
Paresthesia	0.8 (0.0)	2.0 (0.2)	0.0
Impotence	0.7 (0.2)	1.6 (0.3)	0.0
Muscle Cramps	0.6 (0.0)	2.8 (0.6)	0.5
Back Pain	0.5 (0.0)	1.1 (0.0)	1.4
Nasal Congestion	0.3 (0.0)	1.2 (0.0)	0.0
Decreased Libido	0.2 (0.1)	1.2 (0.0)	0.0
Venigo	0.1 (0.0)	1.1 (0.2)	0.0

\*Includes 420 patients treated for congestive heart failure who were receiving concomitant digitalis and/or diuretic therapy.

Clinical adverse experiences occurring in 0.3% to 1.0% of patients in the controlled trials and rarer, serious, possibly drug related events reported in uncontrolled studies or marketing experience are listed below and, within each category, are in order of decreasing severity.

**BODY AS A WHOLE:** Chest discomfort, fever, flushing, malaise.

**CARDIOVASCULAR:** Myocardial infarction or cerebrovascular accident, possibly secondary to excessive hypotension in high risk patients (see WARNINGS); angina pectoris, orthostatic hypotension, rhythm disturbances, tachycardia, peripheral edema, vasculitis, palpitation.

**DIGESTIVE:** Pancreatitis, hepatitis (hepatocellular or cholestatic jaundice), abdominal pain, anorexia, constipation, flatulence, dry mouth.

**METABOLISM:** Gout.

**MUSCULOSKELETAL:** Joint pain, shoulder pain.

**NERVOUS SYSTEM/PSYCHIATRIC:** Depression, somnolence, insomnia, stroke, nervousness, confusion.

**RESPIRATORY SYSTEM:** Bronchitis, sinusitis, pharyngeal pain.

**SKIN:** Urticaria, pruritus, diaphoresis.

**SPECIAL SENSES:** Blurred vision.

**UROGENITAL:** Oliguria, progressive azotemia, acute renal failure, urinary tract infection.

A symptom complex has been reported which may include a positive ANA, an elevated erythrocyte sedimentation rate, arthralgia/arthritis, myalgia and fever.

**ANGIOEDEMA:** Angioedema has been reported in patients receiving ZESTRIL (0.1%). Angioedema associated with laryngeal edema may be fatal. If angioedema of the face, extremities, lips, tongue, glottis and/or larynx occurs, treatment with ZESTRIL should be discontinued and appropriate therapy instituted immediately. (See WARNINGS.)

**HYPOTENSION:** In hypertensive patients, hypotension occurred in 1.2% of syncope occurred in 0.1% of patients.

In patients with congestive heart failure, hypotension occurred in 5.6% and syncope occurred in 1.0% of patients. These adverse experiences were causes for discontinuation of therapy in 1.3% of these patients.

**Fetal/Neonatal Mortality and Mortality:** In infants exposed in utero to ACE inhibitors the following adverse experiences have been reported: Fetal and neonatal death, renal failure, hypoplastic lung development, hypotension, hyperkalemia, skull hypoplasia, limb contractures, craniofacial deformities, intrauterine growth retardation, prematurity and patent ductus arteriosus. (See WARNINGS, Fetal/Neonatal Mortality and Mortality.)

**Clinical Laboratory Test Findings, Serum Electrolytes:** Hyperkalemia. (See PRECAUTIONS.)

**Creatinine, Blood Urea Nitrogen:** Minor increases in blood urea nitrogen and serum creatinine, reversible upon discontinuation of therapy, were observed in about 2.0% of patients with essential hypertension treated with ZESTRIL, alone. Increases were more common in patients receiving concomitant diuretics and in patients with renal artery stenosis. (See PRECAUTIONS.) Reversible minor increases in blood urea nitrogen and serum creatinine were observed in approximately 9.1% of patients with congestive heart failure on concomitant diuretic therapy. Frequently, these abnormalities resolved when the dosage of the diuretic was decreased.

**Hemoglobin and Hematocrit:** Small decreases in hemoglobin and hematocrit (mean decreases of approximately 0.4 g/dL and 1.3 vols./min., respectively) frequently occurred in patients treated with ZESTRIL but were rarely of clinical importance in patients without some other cause of anemia. In clinical trials, less than 0.1% of patients discontinued therapy due to anemia.

**Other (Causal Relationship Unknown):** Rarely, elevations of liver enzymes and/or serum bilirubin have occurred. In marketing experience, rare cases of neutropenia and bone marrow depression have been reported.

Overall, 2.0% of patients discontinued therapy due to laboratory adverse experiences, principally elevations in blood urea nitrogen (0.6%), serum creatinine (0.5%) and serum potassium (0.4%).

**DOSAGE AND ADMINISTRATION: Initial Therapy:** In patients with uncomplicated essential hypertension not on diuretic therapy, the recommended initial dose is 10 mg once a day. Dosage should be adjusted according to blood pressure response. The usual dosage range is 20-40 mg per day administered in a single daily dose. The antihypertensive effect may diminish toward the end of the dosing interval regardless of the administered dose, but most commonly with a dose of 10 mg daily. This can be evaluated by measuring blood pressure just prior to dosing to determine whether satisfactory control is being maintained for 24 hours. If it is not, an increase in dose should be considered. Doses up to 80 mg have been used but do not appear to give greater effect. If blood pressure is not controlled with ZESTRIL alone, a low dose of a diuretic may be added. Hydrochlorothiazide, 12.5 mg has been shown to provide an additive effect. After the addition of a diuretic, it may be possible to reduce the dose of ZESTRIL.

**Diuretic Treated Patients:** In hypertensive patients who are currently being treated with a diuretic, symptomatic hypotension may occur shortly following the initial dose of ZESTRIL. This should be discontinued if possible, or for two to three days before beginning therapy with ZESTRIL to reduce the likelihood of hypotension. (See WARNINGS.) The dosage of ZESTRIL should be adjusted according to blood pressure response. If the patient's blood pressure is not controlled with ZESTRIL alone, diuretic therapy may be resumed as described above.

If the diuretic cannot be discontinued, an initial dose of 5 mg should be used under medical supervision for at least two hours and until blood pressure has stabilized for at least an additional hour. (See WARNINGS and PRECAUTIONS, Drug Interactions.) Concomitant administration of ZESTRIL with potassium supplements, potassium salt substitutes, or potassium-sparing diuretics may lead to increases of serum potassium. (See PRECAUTIONS.)

**Use in Elderly:** In general, blood pressure response and adverse experiences were similar in younger and older patients given similar doses of ZESTRIL. Pharmacokinetic studies, however, indicate that maximum blood levels and area under the plasma concentration time curve (AUC) are doubled in older patients so that dosage adjustments should be made with particular caution.

**Dosage Adjustment in Renal Impairment:** The usual dose of ZESTRIL (10 mg) is recommended for patients with creatinine clearance > 30 mL/min (serum creatinine of up to approximately 3 mg/dL). For patients with creatinine clearance < 10 mL/min (< 30 mL/min (serum creatinine ≥ 3 mg/dL)), the first dose is 5 mg once daily. For patients with creatinine clearance < 10 mL/min (usually on hemodialysis) the recommended initial dose is 2.5 mg. The dosage may be titrated upward until blood pressure is controlled or to a maximum of 40 mg daily.

**Creatinine Clearance**  
mL/min  
**Initial Dose**  
mg/day

Normal Renal Function to Mild Impairment	>30	10
Moderate to Severe Impairment	≥10 ≤30	5
Dialysis Patients	<10	2.5‡

‡Dosage or dosing interval should be adjusted depending on the blood pressure response.

**HOW SUPPLIED**

5 mg Tablets (NDC 0038-0130) pink, round, biconvex, uncoated, scored tablets, identified "ZESTRIL 5" debossed on one side, and "130" debossed and scored on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

10 mg Tablets (NDC 0038-0131) pink, round, biconvex, uncoated tablets identified "ZESTRIL 10" debossed on one side, and "131" debossed on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

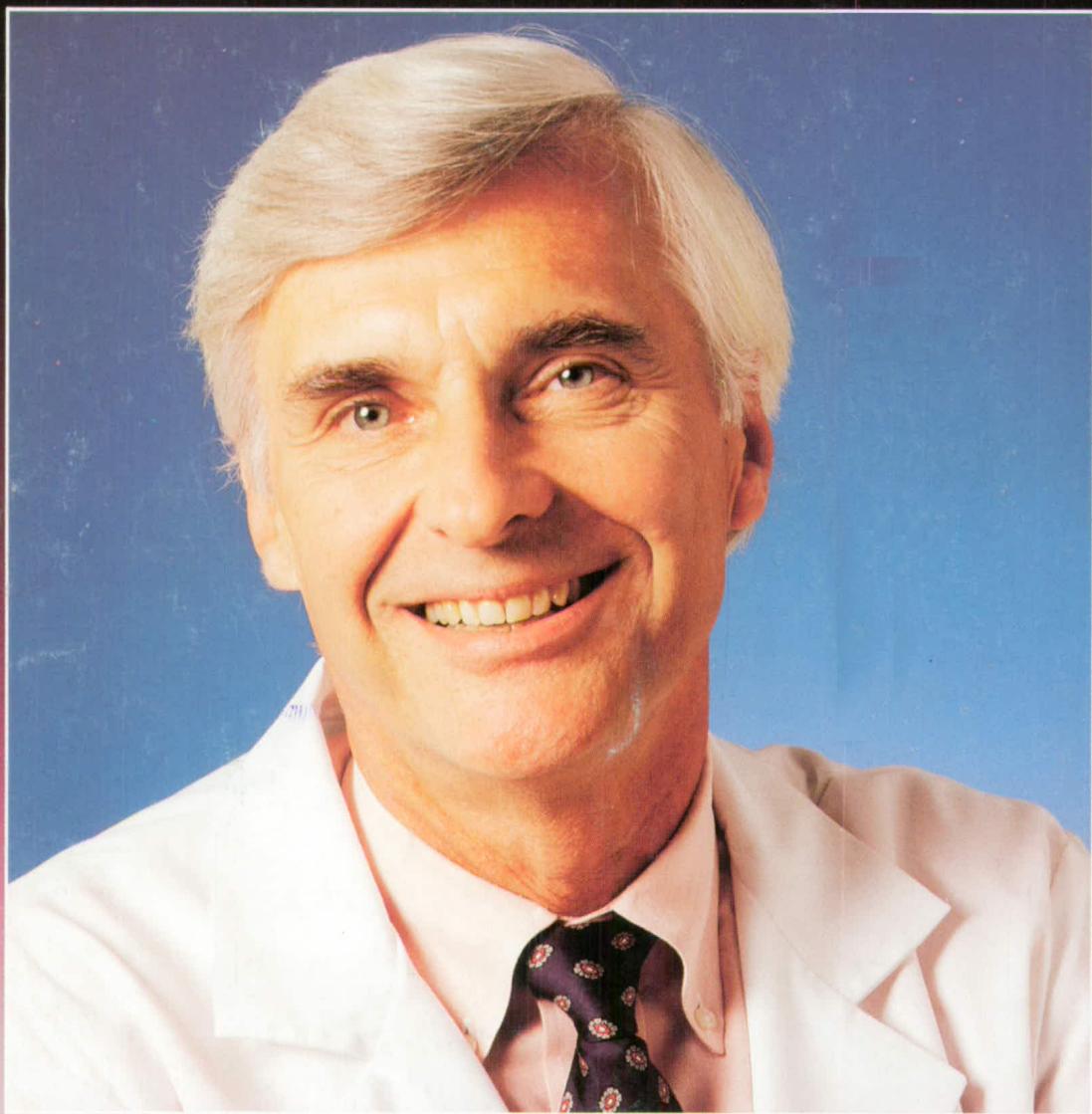
20 mg Tablets (NDC 0038-0132) red, round, biconvex, uncoated tablets identified "ZESTRIL 20" debossed on one side, and "132" debossed on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

40 mg Tablets (NDC 0038-0134) yellow, round, biconvex, uncoated tablets identified "ZESTRIL 40" debossed on one side, and "134" debossed on the other side are supplied in bottles of 100 tablets and unit dose packages of 100 tablets.

Store at room temperature. Protect from moisture, freezing and excessive heat. Dispense in a tight container.

REV 01/91  
 STUART PHARMACEUTICALS  
A business unit of ICI Americas Inc.  
Wilmington, Delaware 19897 USA

# Why are more and more doctors recommending **B-D** ULTRA-FINE™?



*"Having diabetes isn't easy,  
but the B-D ULTRA-FINE Insulin Syringe Needle  
helps make it a little more comfortable."*

The ultra-comfortable B-D Insulin Syringe with the ULTRA-FINE™ Needle gives your patients all the quality, accuracy, ease and comfort you have come to expect from B-D. Plus the thinnest syringe needle ever.

The next generation of injection comfort.

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**B-D**  
**BETTER DIABETES CARE**

