

SUPPLEMENTARY DATA

**Supplementary Table 1.** Baseline characteristics of the Hisayama subjects with and without diabetes mellitus in 2012

	No diabetes (n=952)	Diabetes (n=286)	<i>P</i> value
Age, yrs	75 (7)	74 (6)	0.30
Men, %	39.7	56.6	<0.001
Formal education $\leq$ 9 years, %	38.1	36.4	0.59
Systolic blood pressure, mmHg	133 (19)	137 (18)	0.002
Diastolic blood pressure, mmHg	76 (11)	76 (11)	0.90
Antihypertensive medication, %	50.1	73.8	<0.001
Hypertension, %	66.1	84.6	<0.001
Fasting plasma glucose, mmol/L	5.6 (0.5)	7.4 (1.6)	<0.001
Two-hour postload glucose, mmol/L	7.4 (1.7)	13.9 (4.1)	<0.001
Antidiabetic medication, %	-	53.2	-
Total cholesterol, mmol/L	5.19 (0.92)	4.88 (0.94)	<0.001
Lipid-lowering medication, %	31.3	46.9	<0.001
Hypercholesterolemia, %	53.6	60.1	0.05
BMI, kg/m <sup>2</sup>	22.8 (3.2)	24.0 (3.5)	<0.001
Smoking habit, %	8.2	10.5	0.23
Alcohol intake, %	39.0	47.7	0.008
Regular exercise, %	18.3	22.8	0.09
Cerebrovascular lesions on MRI, %	33.9	47.4	<0.001

Values are means (SD) or percentages.

MRI, magnetic resonance imaging.