SUPPLEMENTARY DATA

Appendix

Appendix A: Table showing baseline characteristics of participants in the Intensive Lifestyle intervention who were included vs. those excluded from the analyses in the manuscript

Appendix B: Look AHEAD Research Group

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SUPPLEMENTARY DATA

Appendix A. Table showing baseline characteristics of participants in the Intensive Lifestyle intervention who were included vs. those excluded from the analyses in the manuscript

	In Analyses N=1428	Not In Analyses N=1142	p-Value
Age, years	59.0 (6.8)	58.1 (6.7)	<0.001
Gender			
Female	58.0%	61.0%	0.12
Male	42.0%	39.0%	
Race/ethnicity			
African-American	17.0%	13.8%	
American Indian	4.5%	5.8%	
Hispanic/Latino	12.0%	14.7%	0.03
Non-Hispanic White	63.6%	62.4%	
Other / Multiple	2.9%	3.3%	
BMI, kg/m^2	35.4 (5.8)	36.5 (6.2)	<0.001
HbA1c (%)	7.20 (1.11)	7.31 (1.18)	0.01
Insulin use	14.4%	16.6%	0.11
Hypertension	82.9%	84.4%	0.31
Blood pressure			
Systolic (mmHg)	128.1 (17.0)	128.4 (17.4)	0.70
Diastolic (mmHg)	70.1 (9.4)	69.7 (9.7)	0.25
LDL-cholesterol (mg/dl)	111.2 (32.5)	113.3 (31.9)	0.11
HDL-cholesterol (mg/dl)	43.4 (11.6)	43.4 (12.0)	0.97
Triglycerides (mg/dl)	179.1 (115.1)	186.6 (117.9)	0.10
% on Cholesterol medication	53.1%	54.6%	0.47

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