

SUPPLEMENTARY DATA

VISS (Vascular diabetic complications In Southeast Sweden) Study group

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Supplementary Table 1. Blood pressure, blood lipids and BMI in patients with type 1 diabetes and with different categories of diabetic nephropathy.

	No microalbuminuria	Microalbuminuria	Macroalbuminuria
Systolic blood pressure (mmHg)	123±11	130±17***	134±10***
Diastolic blood pressure (mmHg)	74±8	77±8**	78±6
Cholesterol (mmol/L)†	4.6±0.8	5.0±1.1	4.9±1.6
Triglycerides (mmol/L)††	1.0±0.7	1.4±1.1*	2.0±1.5***
BMI (kg/m ²)	25.9±4.1	27.2±5.0	25.3±3.8

Mean ±SD. Statistical significant differences between groups were tested by ANOVA using Bonferroni for post hoc analysis.

* p<0.05, ** p<0.01, *** p<0.001 compared to patients without microalbuminuria.

† To convert cholesterol from mmol/L to mg/dl divide by 0.0259

††To convert triglycerides from mmol/L to mg/dl divide by 0.0113

Supplementary Table 2. Blood pressure, blood lipids and BMI in patients with different categories of retinopathy.

	None	Slight simplex	Moderate simplex	Laser therapy
Systolic blood pressure (mmHg)	124±12	122±13	126±12	126±15
Diastolic blood pressure (mmHg)	74±7	72±8	75±8	77±7
Cholesterol † (mmol/L)	4.8±0.9	4.6±0.8	4.7±0.9	5.0±1.2
Triglycerides†† (mmol/L)	1.0±0.6	1.0±0.6	1.2±0.9	1.6±1.1**
BMI (kg/m ²)	24.2±3.7	25.5±3.7	26.4±4.4**	27.5±4.9***

Mean ±SD. Statistical significant differences between groups were tested by ANOVA using Bonferroni for post hoc analysis * p<0.05, ** p<0.01, *** p<0.001 compared to patients without retinopathy.

† To convert cholesterol from mmol/L to mg/dl divide by 0.0259

††To convert triglycerides from mmol/L to mg/dl divide by 0.0113