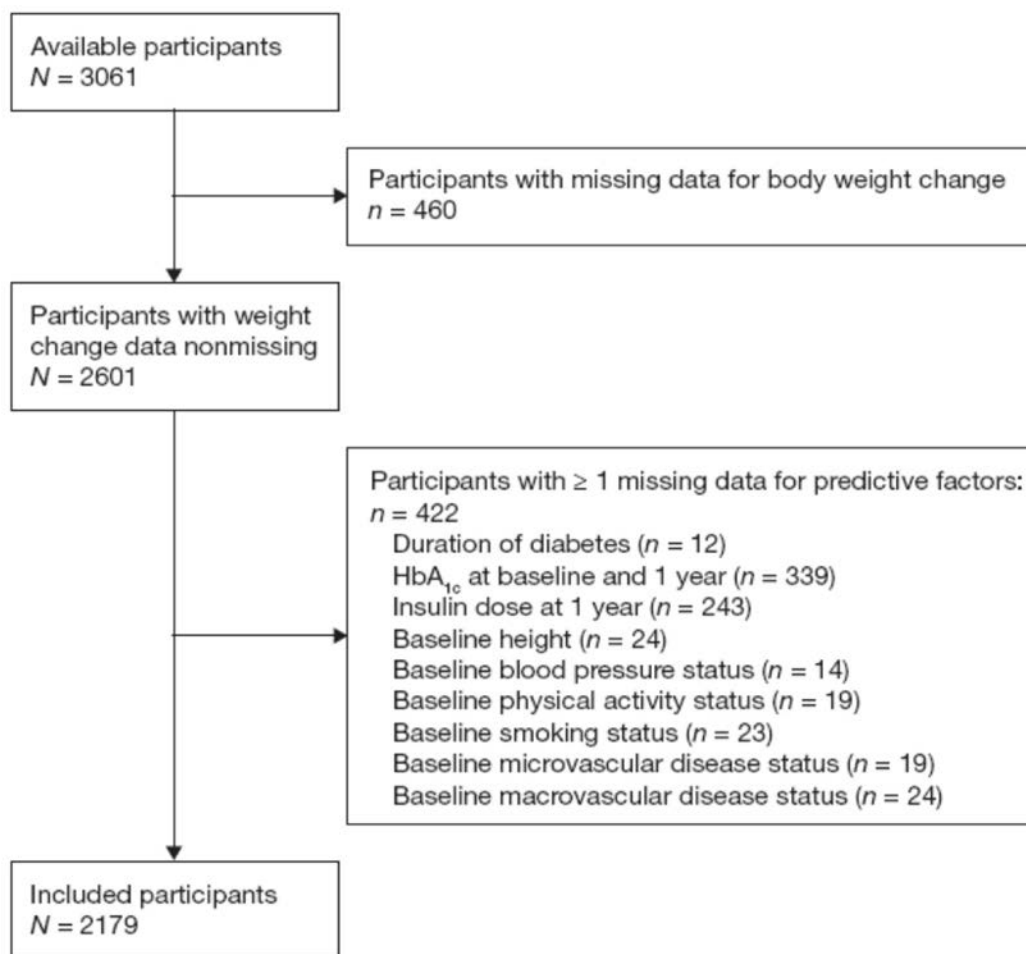


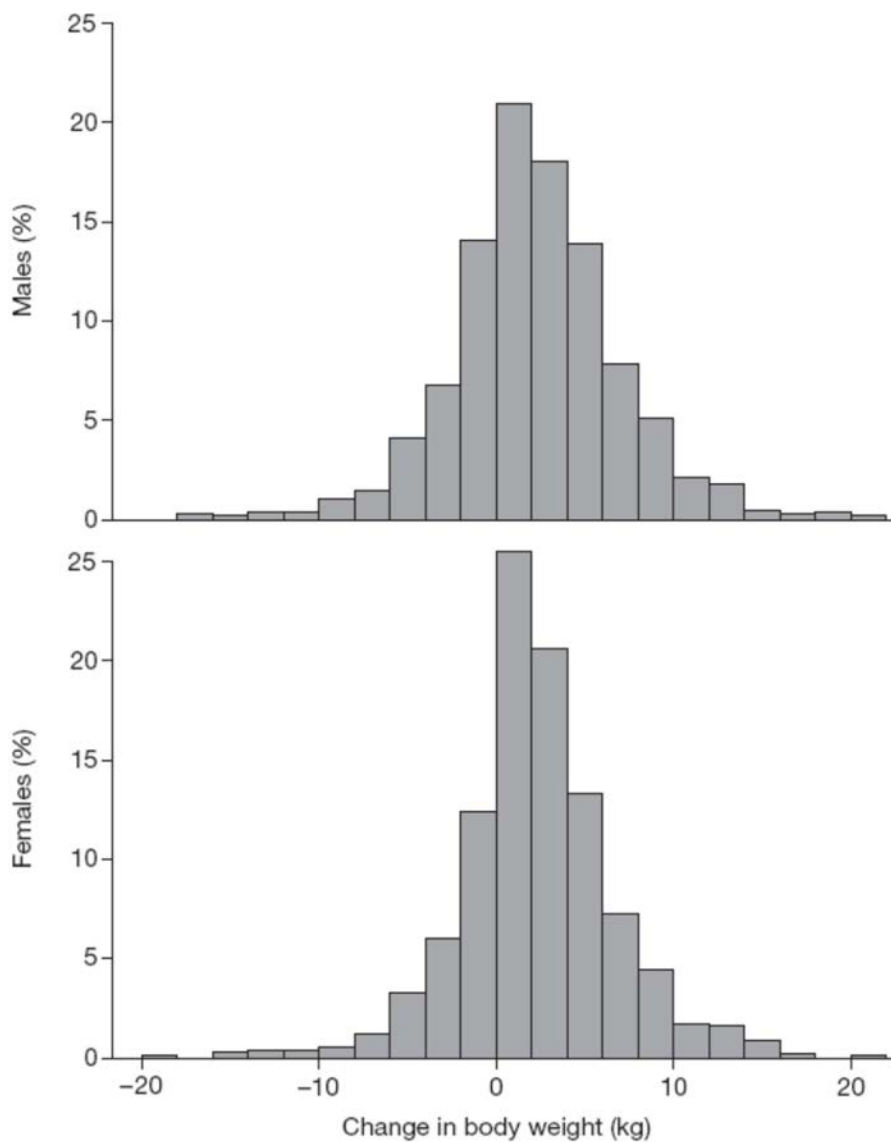
SUPPLEMENTARY DATA

Supplemental Figure 1. Flow chart of participants entering in the study, and the numbers studied in the analyses.



SUPPLEMENTARY DATA

Supplemental Figure 2. Histogram of weight change observed over the 1-year study, for the 1,077 men (top panel) and 1,102 women (bottom panel) studied.



SUPPLEMENTARY DATA

Supplementary Table 1. Mean weight gain and numbers (%) of participants by country, according to weight gain at 12 months after starting insulin treatment.

Country	<i>n</i>	Weight gain at 12 months (kg)								
		Mean	<2.0		2.0–4.9		5.0–9.9		≥10	
Canada	142	1.56	76	(54%)	30	(21%)	26	(18%)	10	(7%)
Croatia	41	1.05	27	(66%)	9	(22%)	2	(5%)	3	(7%)
Finland	86	1.26	45	(52%)	19	(22%)	17	(20%)	5	(6%)
France	276	1.58	140	(51%)	78	(28%)	46	(17%)	12	(4%)
Germany	71	0.95	39	(55%)	21	(30%)	10	(14%)	1	(1%)
Italy	319	2.34	155	(49%)	76	(24%)	67	(21%)	21	(7%)
Japan	377	1.45	181	(48%)	113	(30%)	76	(20%)	7	(2%)
Portugal	123	4.26	33	(27%)	41	(33%)	36	(29%)	13	(11%)
Russia	494	1.24	283	(57%)	129	(26%)	66	(13%)	16	(3%)
Spain	42	1.23	25	(60%)	13	(31%)	4	(10%)	0	(0%)
Ukraine	116	2.70	43	(37%)	29	(25%)	33	(28%)	11	(9%)
UK	92	2.29	40	(43%)	23	(25%)	22	(24%)	7	(8%)
All	2,179	1.78	1,087	(50%)	581	(27%)	405	(19%)	106	(5%)