

SUPPLEMENTARY DATA

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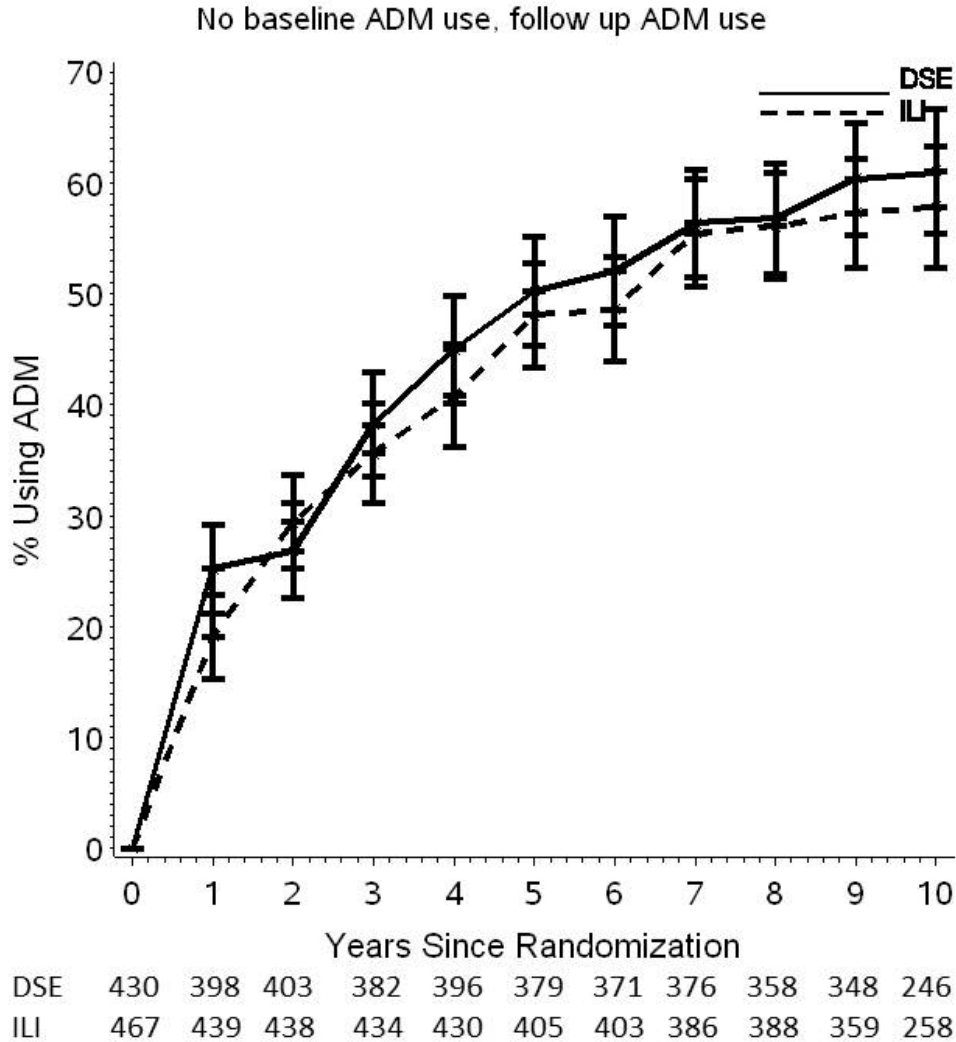
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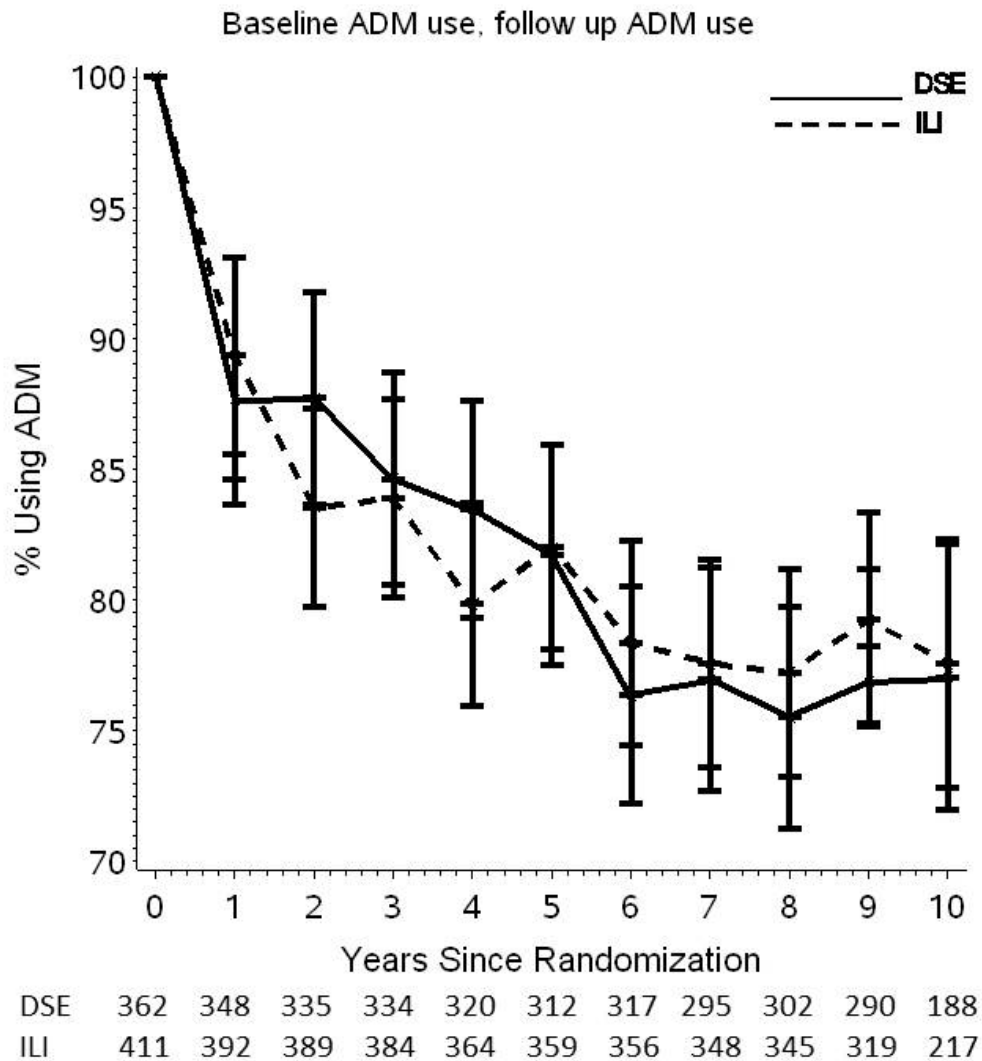
SUPPLEMENTARY DATA

Supplementary Figure 1a. The figure shows the 897 participants who at the beginning of the trial (year 0) reported that they were not using anti-depressant medication (ADM) but reported taking it at one or more of the subsequent annual assessments. The y axis shows, for the ILI and DSE participants who were assessed in a given year, the percentage of participants who reported taking ADM in that year. For each year shown, the number of DSE and ILI participants who completed the assessment is shown below the x axis. At year 1, for example, 398 DSE and 439 ILI participants (from the original sub-group of 897 persons) completed the assessment visit, and approximately 25% and 20% of participants, respectively, in each treatment arm reported taking ADM that year. There were no significant differences between groups at any year in the percentage of participants who reported taking ADM.



SUPPLEMENTARY DATA

Supplementary Figure 1b. The figure shows the 773 participants who at the beginning of the trial (year 0) reported taking anti-depressant medication (ADM) and reported taking it at subsequent assessment visits. The y axis shows, for the ILI and DSE participants who were assessed in a given year, the percentage of participants who reported taking ADM in that year. For each year shown, the number of DSE and ILI participants who completed the assessment appears below the x axis. At year 1, for example, 348 DSE and 392 ILI participants (from the original sub-group of 773 persons) completed the assessment visit, and approximately 87%-88% of participants in both.



SUPPLEMENTARY DATA

Supplementary Figure 1c. The figure shows the mean number of anti-depressant medications (ADMs) per year that ILI and DSE participants in the full Look AHEAD sample were determined to use over the 10-year follow-up. For each year shown, the number of DSE and ILI participants who completed the assessment appears below the x axis. At year 1, for example, both the 2330 DSE and the 2374 ILI participants who completed the assessment were determined to use an average of approximately 0.20 ADM. There were no significant differences between groups at any year in the mean number of ADMs taken.

