

SUPPLEMENTARY DATA

Supplementary Table 1. Prevalence of individual MS components among 364 twins and 360 singletons. Cells are n (%).

	Twins N=364	Singletons N=360	P	PR
Elevated WC	54 (14.8%)	65 (18.1%)	0.28	0.82 (0.57-1.17)
Elevated Systolic BP	13 (3.6%)	19 (5.3%)	0.29	0.68 (0.33-1.39)
Elevated Diastolic BP	12 (3.3%)	14 (3.9%)	0.68	0.85 (0.38-1.87)
Decreased HDL	79 (21.7%)	77 (21.4%)	0.92	1.01 (0.76-1.35)
Elevated Triglycerides	21 (5.8%)	23 (6.4%)	0.73	0.90 (0.50-1.62)
Elevated F-glucose	127 (34.9%)	89 (24.7%)	0.003	1.41 (1.12-1.78)

According to IDF recommendations MS has not been calculated for individuals below 10 years of age.