

SUPPLEMENTARY DATA

Supplementary Table 1. Macronutrient for labeled & unlabeled meals along with total energy expenditure

Meal	Type	Protein %	Fat %		Carb %		% Energy		
		Controls	T1DM	Controls	T1DM	Controls	T1DM	Controls	T1DM
Breakfast	Labeled	27.4±1.0	29.7±1.5	41.0±0.6	39.7±0.9	31.6±1.3	30.6±1.1	32.8	33.2
	Unlabeled	30.7±0.9	30.9±0.8	39.6±0.7	39.6±0.6	29.7±1.0	29.4±0.8	33.1	33.2
Lunch	Labeled	25.4±1.1	27.2±1.3	41.4±0.6	39.9±0.4	33.2±1.2	32.8±1.4	33.4	33.2
	Unlabeled	31.6±0.9	31.3±0.9	39.4±0.4	40.4±0.8	28.9±0.9	28.3±0.7	33.7	33.2
Dinner	Labeled	27.9±1.5	29.3±1.3	40.9±0.8	40.9±0.4	31.1±1.4	29.8±1.1	33.2	33.4
	Unlabeled	31.3±0.9	31.9±1.0	38.7±0.5	38.7±0.6	30.0±1.2	29.4±0.8	33.5	33.6