

SUPPLEMENTARY DATA

Supplementary Table 1. Adverse events and diabetes incidence across treatment conditions.

	Lifestyle Weight Loss	Usual Care	P value
Adverse Events			
Month 6	7	13	0.21
Month 12	11	15	0.46
Serious Adverse Events			
Month 6	3	5	0.51
Month 12	5	5	0.98
Diabetes*			
Month 6	2	5	0.29
Month 12	2	7	0.12

*Fasting glucose > 126 or using diabetes medications at visit