

SUPPLEMENTARY DATA

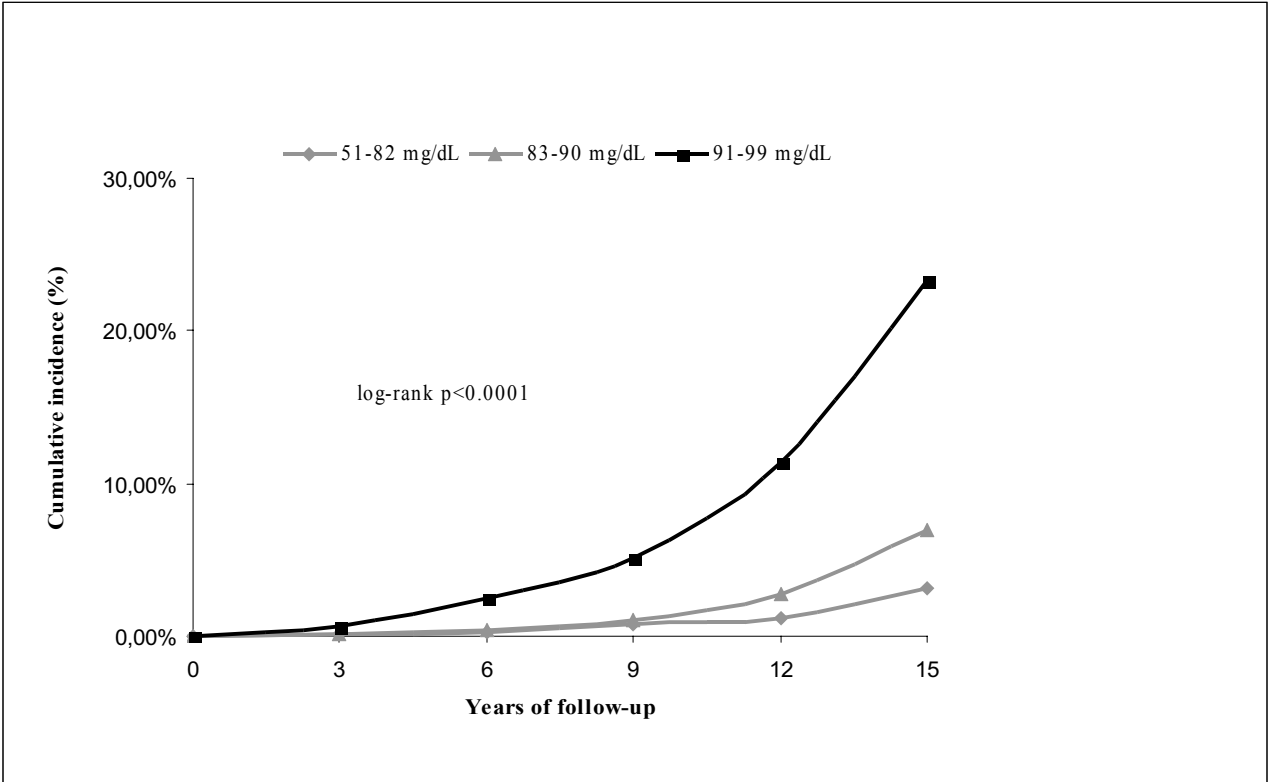
Longitudinal assessment (1992-2008) for progression to diabetes in 13,845 subjects (40-69 years old).

Supplementary Table 1. Life table of cumulative type 2 diabetes incidence by category of normal fasting plasma glucose

	Diabetes incidence according to categories of normal fasting plasma glucose		
	51-82 mg/dL	83-90 mg/dL	91-99 mg/dL
Years of follow up			
0	0,00%	0,00%	0,00%
3	0,08%	0,16%	0,50%
6	0,29%	0,32%	2,71%
9	0,59%	1,56%	6,82%
12	1,67%	4,56%	12,83%
15	3,54%	7,80%	25,86%

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Supplementary Figure 1. Plot of cumulative type 2 diabetes incidence by category of normal fasting plasma glucose



At the end of the observation period 307 incident cases of type 2 diabetes were reported