

Online Appendix Table A1. Number of stressful life events in men and women.

	Men	Women	
No (n = 2,296) versus extremely stressful life events:	n (%)	n (%)	<i>P</i>
Finance			
1. Ongoing financial strain (n = 213)	89 (7.0)	124 (10.1)	0.005
2. Severe financial strain, laid off business (n = 100)	43 (3.5)	57 (4.9)	0.082
3. Threat of unemployment or personal bankruptcy (n = 89)	44 (3.6)	45 (3.9)	0.652
Work			
4. Continuous work overload (n = 318)	145 (10.9)	173 (13.5)	0.036
5. Troubles with co-workers (n = 167)	61 (4.9)	106 (8.8)	0.001
6. Began a new job (n = 42)	8 (0.7)	34 (3.0)	0.001
Social relationships			
7. Ongoing difficulties in close relationships (n = 160)	51 (4.1)	109 (9.0)	0.001
8. Divorced or separated from husband/wife/Partner (n = 153)	65 (5.2)	88 (7.4)	0.024
9. Death of Spouse/Partner/Close friend (n = 224)	78 (6.1)	146 (11.7)	0.001
Health			
10. Serious injury or illness (n = 194)	73 (5.8)	121 (9.9)	0.001
11. Concern over health of a family member or a close friend (n = 376)	97 (7.5)	279 (20.2)	0.001
12. Concern over own or child's ability to cope with stress (n = 210)	59 (4.7)	151 (12.0)	0.001
Housing			
13. Loss of home (n = 26)	15 (1.2)	11 (1.0)	0.555
14. Change of residence (n = 58)	18 (1.5)	40 (3.5)	0.002
15. Difficulties in housing (n = 22)	9 (0.8)	13 (1.2)	0.306

Note. No stressful life events refer to a category combining individuals who report no stressful life events or life events that are not at all or mildly stressful; Extremely stressful life events refer to a category combining individuals who report moderately or extremely stressful life events; Number of individuals in parenthesis refer to the number reporting extremely stressful life events. P-values are derived from χ^2 -tests.

Online Appendix Table A2. Accumulation of stressful life events in men and women.

	Men	Women	
No (n = 2,296) versus accumulation of extremely stressful life events:	n (%)	n (%)	P
Finance			
at least 1 event (n = 273)	121 (9.2)	152 (12.1)	0.018
at least 2 events (n = 98)	43 (3.5)	55 (4.7)	0.121
at least 3 events (n = 31)	12 (1.0)	19 (1.7)	0.145
Work			
at least 1 event (n = 421)	179 (13.1)	242 (18.0)	0.001
at least 2 events (n = 97) *	33 (2.7)	64 (5.5)	0.001
Social relationships			
at least 1 event (n = 425)	143 (10.7)	282 (20.3)	0.001
at least 2 events (n = 98) †	41 (3.3)	57 (4.9)	0.052
Health			
at least 1 event (n = 592)	185 (13.4)	407 (26.9)	0.001
at least 2 events (n = 155)	36 (2.9)	119 (9.7)	0.001
at least 3 events (n = 33)	8 (0.7)	25 (2.2)	0.002
Housing			
at least 1 event (n = 86) ‡	30 (2.5)	56 (4.8)	0.002
Across all life domains			
at least 1 event (n = 1111)	427 (26.4)	684 (38.2)	0.001
at least 2 events (n = 583)	201 (14.4)	382 (25.7)	0.001
at least 3 events (n = 300)	102 (7.9)	198 (15.2)	0.001
at least 4 events (n = 174)	54 (4.3)	120 (9.8)	0.001
at least 5 events (n = 88)	31 (2.5)	57 (4.9)	0.002
at least 6 events (n = 45) §	20 (1.7)	25 (2.2)	0.323

Note. No stressful life events refer to a category combining individuals who report no stressful life events or life events that are not at all or mildly stressful; Extremely stressful life events refer to a category combining individuals who report moderately or extremely stressful life events; Number of individuals in parenthesis refer to number reporting extremely stressful life events; * Number of participants reporting at least 3 events was 9, therefore this category is not analysed separately; † Number of participants reporting at least 3 events was 14, therefore this category is not analysed separately; ‡ Number of participants reporting at least 2 events was 20, therefore this category is not analysed separately; § Number of participants reporting at least 7 events was 25, therefore this category is not analysed separately. P-values are derived from χ^2 -tests.