

Supplementary Table 1. Clinical characteristics of patients with overt hypothyroidism, compared to age- and sex-matched healthy controls in Study 1.

	Hypothyroidism	Euthyroidism (Control)	P-value
N	45	180	
Age (years)	46.87±9.82	47.10±10.99	0.897
Sex (M/F)	6/39	33/147	0.428
TSH (mIU/L)	96.11±48.01	2.17±1.06	<0.001
Glucose (mmol/L)	4.87±0.37	5.06±0.32	0.001
A1C (%)	5.54±0.43	5.34±0.31	<0.001
Hb (g/dL)	13.97±1.10	13.65±1.01	0.054
MCV (fL)	88.47±3.32	91.16±3.23	<0.001
MCH (pg)	29.97±1.38	30.99±1.29	<0.001

M, male; F, female; A1C, glycated hemoglobin; Hb, hemoglobin; MCV, mean corpuscular volume; MCH, mean corpuscular hemoglobin.

Supplementary Figure 1. A1C levels in 6 non-diabetic patients according to their thyroid function.

