

APPENDIX

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Online Table 1 – Temporal changes in patients' achievements of targets

	Visit 1 <i>N</i> = 5280	Visit 2 <i>N</i> = 4552	Visit 3 <i>N</i> = 4390	Visit 4 <i>N</i> = 4237	<i>P</i> for trend
A1C ≤ 7.0%	0 (0.0)	1566 (37.6)	1735 (43.9)	1928 (48.1)	<0.0001
A1C ≤ 6.0%	0 (0.0)	202 (4.9)	268 (6.8)	329 (8.2)	<0.0001
FPG < 7.0mmol/l (126mg/dl)	937 (19.0)	1339 (35.3)	1434 (39.7)	1564 (42.4)	<0.0001
LDL cholesterol <2.5mmol/l (97mg/dl)	2942 (58.9)	2264 (66.6)	2301 (70.1)	2572 (73.4)	<0.0001
Total cholesterol:HDL cholesterol ratio <4	2771 (55.8)	2122 (63.3)	2170 (66.8)	2279 (68.7)	<0.0001
Systolic blood pressure ≤130mmHg and diastolic blood pressure ≤80mmHg	2800 (54.0)	2621 (58.4)	2515 (58.3)	2582 (61.6)	<0.0001
BMI ≤25kg/m ²	703 (13.6)	595 (13.9)	549 (13.4)	548 (13.8)	0.13

Values are *n* (%)

Online Table 2 – Temporal changes in use of antihyperglycemic therapy

	Visit 1 <i>N</i> = 5280	Visit 2 <i>N</i> = 4552*	Visit 3 <i>N</i> = 4390*	Visit 4 <i>N</i> = 4237*
Oral hypoglycemic monotherapy	34	29	25	25
Biguanides	25	22	19	19
Sulfonylureas	5	5	4	4
Thiazolidinediones	2	2	2	1
Meglitinides	0.6	0.4	0.4	0.4
Alpha-glucosidase inhibitors	0.10	0.04	0.02	0.07
Insulin monotherapy	0	0.5	0.9	2
Multiple therapy (2 OHAs)	36	37	38	38
Multiple therapy (insulin + 1 OHA)	2	2	3	4
Multiple therapy (≥ 3 antihyperglycemic agents, including or not insulin)	23	29	30	29
≥ 3 OHAs, not including insulin	20	25	25	23
Insulin + 2 OHAs	2	2	3	4
Insulin + ≥ 3 OHAs	1	2	2	2

Values are % and indicate the therapies that the patients were on at the end of the visit

**N* varies due to missing values