

Appendix Table 1

Transition rates by transition, level of physical activity and sex

		Men	Women
Incident diabetes	Low	0.007 (0.004-0.006)	0.005 (0.004-0.006)
	Moderate	0.004 (0.002-0.004)	0.003 (0.002-0.004)
	High	0.004 (0.002-0.004)	0.003 (0.002-0.004)
No diagnosed diabetes to death	Low	0.033 (0.030-0.038)	0.022 (0.019-0.024)
	Moderate	0.024 (0.021-0.027)	0.013 (0.012-0.150)
	High	0.019 (0.017-0.021)	0.011 (0.010-0.013)
Diagnosed diabetes to death	Low	0.093 (0.074-0.117)	0.074 (0.058-0.093)
	Moderate	0.061 (0.045-0.081)	0.046 (0.034-0.062)
	High	0.045 (0.033-0.060)	0.033 (0.022-0.050)